

EVENTS & REMINDERS

SAY "HELLO" TO FFMC!

We're all missing seeing each other's faces right now, aren't we? Well, let's do something about it! Send us a video saying a quick, "Hello," to FFMC, or a photo of your family watching online worship. We will compile these photos and short videos (only a few seconds, please!) into a montage to show on a future Sunday.

Drop Your Media Here >

COVID COMMUNITY SUPPORT CATALOG

Check out the updated Community Support Catalog on our church app or website and see how you can get involved!

Ffmc.org or the FFMC App >

ENGAGE WITH THE SERMON

DISCUSSION/REFLECTION QS

1. Have you seen numbers used to interpret signs of the second coming? What do you make of this?
2. Do we see ourselves as martyrs today? What would sacrifice look like for us in our world today?
3. How does our lifestyle reflect our worship of God and/or the national economy?
4. What areas of our life may be calling for repentance to allow God to be first in our lives?

Two of our groups are meeting online after worship to discuss the morning's sermon and you are invited to join!

Group meeting after the 9 am Service: Samaritans

Email Lynn Walker at nswllw@gmail.com

Group meeting after The Bridge (10:30 am Service): *the journey*

Email Chuck Zittel at charles.zittel@nm.com

CONNECTING AT FFMC

ONLINE PRAYER ROOM & MORE

If you are looking for ways to connect during this time, consider joining FFMC's Online Prayer Room on Wednesdays at 7 pm PT. We've created a recurring link for these gatherings that you can find on our weekly email newsletter, app, or social media platforms. Also, please let us know if you'd like to receive a phone call from our staff or if you have a prayer request.

Office@ffmc.org

GENEROSITY

GIVE ONLINE OR BY MAIL

Even though we are not meeting in person, you can still give to FFMC! Give through our secure online giving platform by visiting [Ffmc.org/give](https://ffmc.org/give) or downloading the church app. Or give by mailing cash or a check to 3200 3rd Ave W, Seattle, WA 98119. Thank you for your generosity!

COMING UP

- TODAY • SAMARITANS & *THE JOURNEY* ON ZOOM
- AUG 11 • CHILDREN'S MINISTRY *LIVE* ON FACEBOOK
- AUG 11 • FFMC ONLINE PRAYER ROOM
- AUG 12 • YOUTH HUB ONLINE
- SEPT 6 • COMMUNION SUNDAY

LIGHT + LIFE MAGAZINE ONLINE

Are you interested in reading our denomination's monthly publication, *Light + Life*? Check it out online! August's issue was just released.

[Light + Life's August Issue >](#)

NEW PNWC ASSISTANT SUPERINTENDENT

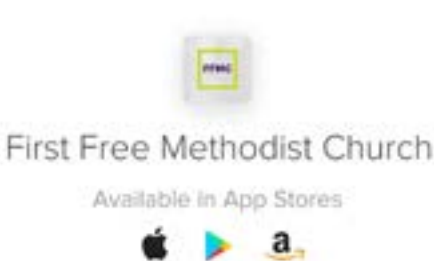
Our Pacific Northwest Conference of the Free Methodist Church is excited to announce that Cathy Tastad, who has served as the Director of Operations since 2014, has accepted the role of Assistant Superintendent.



Cathy has served the PNWC with distinction, she was ordained in 2016, and will continue to oversee operations in this new executive role.

Before coming to the PNWC office, Cathy served as the Executive Pastor at LifePoint Church in Lake Stevens for 17 years. Cathy and her husband, Steve, live in Lake Stevens and have been married for 38 years, with two children and five adorable grandchildren.

Congratulations, Cathy, you are an incredible inspiration and a gifted strategic leader! Thank you for your continued service and commitment to the PNWC!



FOLLOW US

[/SeattleFFMC](#)

