

**The Invisible Contract 5 NOTES**  
*4 Steps Parents can take in their relational contract with kids*  
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“All \_\_\_\_\_ comes from unmet expectations!”—Matt Chandler

Ephesians 5:1-2

Ephesians 5:15-21

**4 Steps Parents can take in their relationship with kids.**

1. **Take advantage of every \_\_\_\_\_.**(Ephesians 5:15-17)
  
2. **Know who’s in \_\_\_\_\_.** (Ephesians 5:18)
  
3. **Spiritual \_\_\_\_\_ should be included!** (Ephesians 5:19-20)
  - Music
  - Meditation
  - Mood—an attitude of gratitude
  
4. \_\_\_\_\_ **your kids.** (Ephesians 5:21)

**Go Deeper:**

1. “All Frustration comes from unmet expectations!” Do you agree or disagree with this statement?
2. What opportunity do you need to take advantage of in your relationship with your kids to make the most of every opportunity?
3. Of the three spiritual activities which do you need to add to your activities?
4. Have you ever thought of submission as being protective in relationships?
5. Read each verse listed above and pick one verse and apply SOAP (Scripture, Observation, Application, Prayer).
6. To go even deeper with this week’s sermon, join a Hills Group to discuss these questions with other people in our community. To join a Hills Group, visit [hillschurchnm.com/connect](http://hillschurchnm.com/connect).