

The Invisible Contract 4 NOTES
"7 Tips for Effective Communication"
March 12, 2023
Matt Mizell

- **The more you _____, the more you will be _____.**
(1 Corinthians 13:4-8, Romans 8:38-39, Ephesians 2:8-9)

- **Those who communicate _____ have relationships that _____.**
 1. **Be _____.** (Matthew 12:36)

 2. **Be an active _____.** (Mark 4:23, James 1:19, Proverbs 18:13)

 3. **Be willing to _____.** (Colossians 4:6)

 4. **Be _____.** (Proverbs 24:26)

 5. **Be _____.** (Proverbs 18:21)

 6. **Be _____.** (Ephesians 4:29)

 7. **Be _____.** (1 John 5:14, John 13:17)

Go Deeper:

1. Why do you think a lack of communication is so common in relationships?
2. Why do you think a lack of communication is so detrimental in relationships?
3. Which of the 7 tips are you best at? Which are you worst at?
4. How do you think focusing on the 7 tips may help improve any relationship you have?
5. Think about the most strained relationship you have right now. Which of the 7 tips can you apply to that relationship and when?
6. Read each verse listed above and pick one verse and apply SOAP (Scripture, Observation, Application, Prayer).
7. To go even deeper with this week's sermon, join a Hills Group to discuss these questions with other people in our community. To join a Hills Group, visit hillschurchnm.com/connect.