

Road Trip 4 Notes

Don't Follow Your Heart

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- In order to reach a specific _____, you need to head in the right _____.
- The routes and detours you take have an _____ on the trip.
(Prov. 14:12)
- Your human heart is a _____ guide.
(Mark 7:21-23, Jonah 4:1-11)
- Don't follow your _____, follow _____.
(Eze. 36:26, Psa. 51:10, John 14:16, 1 John 3:20)

Go Deeper:

1. Think of a time in your life that you sought direction or help. Did the source of your help have an impact on your "destination?" How so?
2. Think of some examples of people who tried to lead themselves, or "followed their hearts." What were the consequences of letting their feelings, emotions, and desires lead them?
3. In Mark 7:21-23, Jesus lists some of the things that come from our human hearts. Which of those things have you struggled with in your life? How have those things impacted your life or the lives of those around you?
4. In Jonah's story, what would the consequences have been if God had allowed him to "follow his heart?" Why was God's way better? How might allowing Jesus to take the lead in your life be better?
5. Read each verse listed above, pick one verse, and apply SOAP (Scripture, Observation, Application, Prayer).