

Sinfluencer 6 NOTES

"Do Something"

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Two types of things that might cause you to lose sleep at night:

1. Things _____ of your control. (Genesis 41:1-17, 1 Peter 3:9, Luke 6:32-35)

- Go to _____. (Psalm 4:8, Mark 6:31, Psalm 23:1-3)

2. Things _____ your control. (Genesis 42:18)

- Do what you _____ you _____ to do. (Genesis 42:19)

Go Deeper:

1. Joseph felt bad for the choice he had made. Do you think you would have felt bad if you were in his shoes? Why or why not?
2. What problems exist in your life that you have no control over?
3. What problems exist in your life that you do have control over?
4. What do you think you can do for both types of problems?
5. Whether your problems are out of your control or in your control, there is still something you can do. What action do you feel you can take today?
6. Read each verse listed above and pick one verse and apply SOAP (Scripture, Observation, Application, Prayer).