

**Let's Be Real Week 5 NOTES**  
"What is Love? (Baby Don't Hurt Me)"  
July 20, 2025  
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**Love is** \_\_\_\_\_ . (John 3:16, 1 John 3:18)

**Love is** \_\_\_\_\_ . (1 John 3:1a)

**Love** \_\_\_\_\_ **loves.** (John 15:12)

**Three areas we're called to love;** \_\_\_\_\_ , \_\_\_\_\_ , **and** \_\_\_\_\_ .  
(Matthew 22:37-39)

**Love should never be about** \_\_\_\_\_ .

**Go Deeper:**

1. What do you think of when you think about the idea of love? What does it mean to love something or someone? Do you think that the cultural idea of love differs from the biblical perspective on love? Why or why not? If so, how?
2. What do you think it means to love actively? How does God demonstrate this kind of active love? What has active love looked like in your own life? Do you feel love requires action to truly be love? Why or why not?
3. What do you think about the idea of God loving us unconditionally? What does that mean to you? Do you think people are capable of unconditional love? Why or why not? Where do you think you've seen unconditional love demonstrated best in your own life?
4. The Bible says we're to love as God loves. Do you think that's possible? Why or why not?
5. How do you feel best equipped to love God? What rhythms do you have built into your love to spend time with Him?
6. Do you think we're called to love ourselves? Why or why not? Is it hard to love yourself? Why or why not? What's one way you can do better at caring for yourself this week?
7. We're called to love other people but it can be hard. Why do you think that is? What truths do the Bible speak about people that could help us love them better? What's one way you can love others more this week?
8. To go even deeper with this week's sermon, join a Hills Group to discuss the questions above with other people in our community. To join or lead a Hills Group, visit [hillschurchnm.com/connect](http://hillschurchnm.com/connect).