

En Gedi 1 NOTES

"Running on Fumes"

January 8, 2023

Matt Mizell

Are you as intentional about _____ as you are about _____?

(1 Samuel 17:25-49, 1 Samuel 18:6-7, 1 Samuel 23:26-28, Song of Songs 1:14)

God's plan for you is to run on _____, not on _____.

Go Deeper:

1. Why do you think David was intentional about going to En Gedi when the chase was over?
2. Do you oftentimes feel you are running on fumes in life? Why do you think that is?
3. Are you better as rushing or resting? Why?
4. Why do you think people are so resistant to resting?
5. How can you start off the new year intentional about seeking out rest?
6. Is anything preventing you from even trying?
7. What step(s) can you take today based on what you heard or learned from this week's sermon?
8. Read each verse listed above and pick one verse and apply SOAP (Scripture, Observation, Application, Prayer).

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