Overflow NOTES November 6, 2022 Ashten Mizell

Above all else guard your heart, for everything you do flows from it. - Proverbs 4:23

G	to God to fill you (John 4:14, John 7:38)
U	His Word (Proverbs 3:5-6)
A	in Him (John 15:5)
R	(Psalm 77:11)
D	_ what God's Word says (James 1:22-25)

The overflow of the heart is what the mouth speaks. Matthew 12:34

Go Deeper:

- 1. What are practical ways we can guard our hearts?
- 2. What are some things in our lives we go to instead of God to fill us? Why do these things not sustain us?
- 3. How do we abide in Christ and remain connected to Him?
- 4. What would someone close to you say overflows out of you?
- 5. When is a time in your life that you remember God's faithfulness and goodness?
- 6. What step(s) can you take today based on what you heard or learned from this week's sermon?
- 7. Read each verse listed above and pick one verse and apply SOAP (Scripture, Observation, Application, Prayer).