



# Hope for Dry Bones

May 24, 2026

## Read & Reflect

**READ: Ezekiel 37:1–14**

Ezekiel is led by the Spirit into a valley full of dry bones—a picture of defeat, hopelessness, and death. The bones had been there a long time. They were dry, scattered, and lifeless. *Then God asks a surprising question: “Can these bones live?”*

As Ezekiel obeys and speaks God’s Word, the bones begin to rattle and come together. Flesh forms on them, but there is still no life until the breath—the Spirit of God—fills them. What looked impossible suddenly becomes a vast living army. This vision reminds us that God specializes in bringing life to places that feel hopeless. What seems dead, dry, or beyond repair is never beyond the reach of His Spirit.

## Understand the Moment

The valley of dry bones was not just about Israel’s captivity—it was about spiritual hopelessness. God’s people felt crushed, abandoned, and empty. Their hope had dried up. And honestly, many of us know that feeling. Sometimes life leaves us spiritually exhausted. We keep going through the motions, but inside we feel dry. Relationships feel strained. Faith feels distant. Anxiety, grief, addiction, disappointment, or weariness slowly drain life from us.

But Ezekiel 37 reminds us that God’s Spirit still brings life. The bones did not fix themselves. The army did not rise by human strength. Life came only when God’s Spirit entered them. That is still true today. Information alone cannot heal us. Effort alone cannot restore us. We need the Spirit of God breathing fresh life into our hearts, our relationships, and our faith.

## Process Together or Alone

- What stands out to you most about Ezekiel’s vision of the dry bones?
- Why do you think God asked Ezekiel, “Can these bones live?”
- What areas of life can begin to feel spiritually dry over time?
- Have you ever experienced a season where you felt distant, exhausted, or hopeless spiritually?
- What does this passage teach us about the power of God’s Spirit?

## Follow Jesus This Week

### Listen

- Where in your life do you currently feel dry, weary, or discouraged?

### Obey

- What is one practical step you can take this week to reconnect with God?

### Share

- Who can you talk with honestly about what God is doing in your life?

### Care

- How can you intentionally encourage someone who feels spiritually exhausted?



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## Live It Out

Spend time this week honestly identifying any “dry bones” areas in your life—places where hope, passion, or faith may feel weak or empty.

Instead of hiding it or trying to fix it alone, invite God into it.

Ask the Holy Spirit to breathe fresh life into your heart, your relationships, and your walk with Him. Then take one intentional step toward renewal this week: pray honestly, reconnect with someone, confess something you’ve hidden, or encourage a person who feels hopeless.

*Remember: God still brings life to dry bones.*

## Pray

- Thank God for His power to restore and renew
- Ask the Holy Spirit to fill you again
- Pray for hope in areas that feel dry or hopeless
- Ask God to help you trust Him in impossible situations

*God, thank You that nothing is beyond Your power. When we feel dry, discouraged, or empty, remind us that Your Spirit still brings life. Fill us again with hope, peace, courage, and faith. Restore what is broken and help us trust You even when situations feel impossible. Amen.*

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## Group Leader Optional Questions

### Opening Question:

What is something in life that slowly loses energy or strength if it is not regularly cared for?

### Closing Reflection:

What would it look like for you to depend more on God’s Spirit instead of your own strength this week?