



# Comfortable in Disobedience

April 19, 2026

## Read & Reflect

**REREAD: Jonah 1:1–17**

Jonah runs from God, and God responds—not with silence, but with a storm. While the sailors panic and cry out, Jonah sleeps, seemingly at peace in his disobedience. Eventually, Jonah is thrown into the sea, the storm calms, and pagan sailors begin to worship God. What looks like chaos is actually God’s pursuit—of Jonah and everyone around him.

## Understand the Moment

Storms are inevitable in life—but not all storms are the same. Some come from our choices, some from others, and some are allowed—or even sent—by God to get our attention.

Jonah’s storm wasn’t punishment as much as it was **pursuit**. God was chasing a prodigal prophet who had grown comfortable in disobedience. Even more surprising, God used Jonah’s failure to draw others (the sailors) to Himself.

This story flips our assumptions:

*What if the hardest moments in life are not interruptions—but invitations?*

What if the storm is actually evidence that God hasn’t given up on you?

## Process Together or Alone

- What stands out most to you about Jonah’s response during the storm?
- Why do you think Jonah was able to sleep in the middle of chaos?
- When have you seen “storms” in your life lead to something meaningful or good?
- How can someone become comfortable in disobedience?
- Where do you see the contrast between Jonah and the sailors?

## Follow Jesus This Week

### Listen

- What might God be trying to get your attention about right now?
- Is there a “storm” in your life that could be more than just bad circumstances?

### Obey

- Where do you sense God calling you to turn back, change direction, or respond?
- What is one step you can take this week instead of continuing to run?

### Share

- Who around you might be impacted by your obedience—or your disobedience?
- How could your story (even your struggles) point someone else toward God?

### Care

- Who is currently in a storm that you can pray for or support?
- How can you show compassion instead of judgment this week?



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## Live It Out

Take time this week to honestly identify:

- A storm you are currently facing
- Whether it may be something God is using to draw you closer

Instead of asking, “*How do I get out of this?*”

Ask, “*What is God inviting me into through this?*”

Then take one step toward Him—through repentance, trust, or obedience.

## Pray

- Thank God that He doesn’t give up on you
- Ask for awareness to recognize His voice, even in difficulty
- Ask for humility to turn back when you’ve been running
- Ask for courage to trust Him in the storm

*Jesus, help me see my circumstances through Your eyes. If You are using this moment to draw me back, give me the humility to respond and the courage to follow. Amen.*

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## Group Leader Optional Questions

### Opening Question:

What’s a time something went wrong—but later turned out to be a good thing?

### Closing Reflection:

What might God be trying to teach or change in you through your current circumstances?