



Psalm 27:1 – Frank

June 28, 2026

Read & Reflect

READ: Psalm 27

Also Read: Proverbs 3:5–6; John 14:6; Romans 8:28

Understand the Moment

Control often feels like the answer to our fears.

If we can manage every detail, prepare for every possibility, or influence every outcome, maybe we'll finally have peace.

David understood what it meant to live with uncertainty. Surrounded by enemies and facing difficult circumstances, he didn't place his confidence in himself. Instead, he declared, "The Lord is my light and my salvation—whom shall I fear?"

The invitation of Psalm 27 isn't to ignore our problems. It's to trust that God is greater than them.

Surrender isn't weakness. It's confidence that God is faithful, even when life feels uncertain.

Process Together or Alone

- Which area of your life feels most out of control right now?
- Why is surrender often harder than trying to fix things ourselves?
- What does Psalm 27 teach you about God's character?
- How have you experienced God's faithfulness during a difficult season?
- What would trusting God look like practically this week?

Follow Jesus This Week

Listen

- What fear is Jesus inviting you to release?
- Where is He asking you to trust Him more deeply?

Obey

- What is one practical way you can surrender control this week?
- How will you remind yourself to trust instead of worry?

Share

- Who needs encouragement that God is still faithful?
- Who can help keep you accountable as you learn to trust Jesus?

Care

- Who is carrying a burden they were never meant to carry alone?
- How can you pray for someone facing uncertainty this week?



Psalm 27:1 – Frank

June 28, 2026

Live It Out

Each morning this week, begin your day with a simple prayer:

"Jesus, today I choose to trust You more than my fears."

Throughout the day, whenever anxiety rises, pause and ask:

"Am I trying to control this—or am I trusting God with it?"

Write down one circumstance, one relationship, and one outcome you've been trying to manage on your own. Give each one back to God in prayer, then watch for His faithfulness throughout the week.

Remember: waiting isn't wasted. Waiting is often where faith grows.

Pray

- Thank God for being your light, your salvation, and your refuge, even when life feels uncertain.
- Confess the areas where you've been trying to hold on to control instead of trusting Him.
- Ask God for the courage to surrender your circumstances, your relationships, and the outcomes you're worried about.

Father, thank You for being my light, my salvation, and my refuge. Forgive me for trying to carry burdens You never asked me to carry. Help me release my need for control and trust that You are already at work. Teach me to wait patiently, follow faithfully, and rest confidently in Your goodness. Fill me with courage to surrender every part of my life to You. Amen.

Group Leader Optional Questions

Opening Question:

What's something you've realized you can't control no matter how hard you try?

Closing Reflection:

What is one specific area you'll intentionally place in God's hands this week, and what would trusting Him look like?