

Leader's Guide

Being Renewed in the Waiting

Isaiah 40:27-31

Pastor Sebastiano Rosa

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Goal of This Discussion

The goal of this conversation is to help group members recognize that waiting on God is not passive inactivity but active trust. As people process areas of uncertainty, disappointment, or longing in their lives, encourage them to see how God may be strengthening, shaping, and preparing them in the waiting.

Icebreaker

What is something you had to wait a long time for that ended up being worth it?

1. Isaiah 40 reminds us that waiting on God is active, not passive. What is the difference between simply “waiting around” and actively trusting God in the middle of uncertainty?

Follow Up Prompts

- Why do you think waiting can feel frustrating or discouraging?
- What does active trust practically look like?
- What are some unhealthy ways people tend to respond while waiting?
- How have you seen growth happen during difficult seasons?

Additional Scripture

- Psalm 27:14
- Lamentations 3:25-26
- Romans 8:25

2. What might it look like for you to actively participate with God in this season instead of disengaging? Are there spiritual habits, conversations, steps of obedience, or relationships God may be inviting you into right now?

Follow Up Prompts

- Are there areas where you've become passive or discouraged?
- What spiritual practices help you stay connected to God when life feels uncertain?
- Is there a conversation or step of obedience you've been avoiding?
- How can community help us remain faithful while waiting?

Additional Scripture

- James 4:7-8
- Galatians 6:9
- Colossians 3:23-24
- Hebrews 10:24-25

3. What is one practical way you can choose trust this week while you wait? How can this group pray for you and help encourage you in that process?

Follow Up Prompts

- What would trusting God look like in your daily routine this week?
- Is there a habit or mindset you want to change?
- What helps you remember God's faithfulness?
- How can this group support you specifically?

Additional Scripture

- Proverbs 3:5-6
- Philippians 1:6
- Psalm 37:3-7
- Matthew 6:25-34

4. When you think about this season of your life, what are you currently waiting on God for, and how has that waiting affected your faith, emotions, or perspective?

Follow Up Prompts

- What emotions tend to surface most often while you wait?
- Has waiting drawn you closer to God or tempted you to pull away?
- What has been most difficult about not having answers yet?
- Have you experienced any unexpected growth during this season?

Additional Scripture

- Psalm 13

- Psalm 62:5-8
- Romans 5:3-5
- 2 Corinthians 4:16-18

Leader Insight

This question moves into more personal territory. Allow silence if needed and avoid rushing to “fix” people’s struggles. Sometimes the most meaningful thing a group can do is listen well and remind one another that they are not alone.

5. The message talked about how waiting can lead to discouragement, doubt, or even bitterness if we are not careful. What thoughts, fears, or frustrations are you most tempted to believe while you wait?

Follow Up Prompts

- Have you ever struggled to believe God sees or cares about your situation?
- What lies or fears tend to grow in seasons of uncertainty?
- What truths about God help anchor you when doubt surfaces?
- How can we encourage one another to remain hopeful?

Additional Scripture

- Isaiah 41:10
- Psalm 34:17-18
- John 16:33

Closing Encouragement

Remind the group that waiting is not wasted when God is involved. Even when answers feel delayed, God is still present, still working, and still faithful. Encourage the group to actively trust Him together during this season.

Closing Prayer

Pray specifically for the areas people shared. Ask God for endurance, renewed strength, wisdom, peace, healing, reconciliation, and deeper trust while waiting on Him.