

## I. Remember what He has done

Psalm 103:1-2

A. He forgives

Psalm 103:3

B. He heals

Psalm 103:3

C. He redeems

Psalm 103:4

D. He crowns

Psalm 103:4

E. He satisfies

Psalm 103:5

## II. Remember who He is

Psalm 103:8

Psalm 103:4, 8, 11, 17

A. God saves because He is love

Psalm 103:6-7

B. God disciplines because He is love

Psalm 103:8

C. God forgives because He is love

Psalm 103:11-13

## III. Remember who you are

A. You are like dust

Psalm 103:14

B. You are like grass

Psalm 103:15-19

Psalm 103:20-22