

I. Grieve: Bring your pain to God

Psalm 13:1-2

A. Pain of feeling forgotten

Psalm 13:1

B. Pain of feeling forsaken

Psalm 13:1

C. Pain of feeling discouraged

Psalm 13:2

D. Pain of feeling defeated

Psalm 13:2

Psalm 13:1

Isaiah 49:15

II. Plead: Make bold requests

A. Consider me

Psalm 13:3

B. Answer me

Psalm 13:3

C. Light up my eyes

Psalm 13:4

III. Believe: Choose to trust

Psalm 13:5

A. I have trusted

Psalm 13:5

B. My heart shall rejoice

Psalm 13:5

C. I will sing

Psalm 13:6