

- I. **Examining Christ – I am the Bread of Life [35-40]**
 - a. The Bread of Life – Jesus is the staple of life [35]
 - b. I am – Jesus is God [35-40]
 - Exodus 3:13-14

Jesus is the goal of life
Jesus is the means to life

- II. **Examining ourselves [22-34, 51-55]**
 - a. Examine what you are seeking [22-27]
 - b. Examine how you are seeking [28-34]
 - c. Examine how you respond when it becomes difficult to seek Christ [41-55]
 - *When it becomes difficult believing who Christ is [41-42]*
 - *When it becomes difficult doing what Christ tells us [51-55]*
- John 6:66
 - John 6:67-69