

Overview

Author

Context

Title: "How"

Structure: A-Z of suffering

Outline

Lamentations 1: Lamenting in loneliness

Lamentations 2: Lamenting in grief

Lamentations 3: Lamenting in hope

Lamentations 4: Lamenting in repentance

Lamentations 5: Lamenting with prayers for renewal

I. The Reality of Loneliness [1-7]

A. The pain in loneliness

Lamentations 1:1

B. The emptiness in loneliness

Lamentations 1:2, 7, 9, 16, 17, 21

C. The difficulties in loneliness

Lamentations 1:3, 5, 11

D. The tears in loneliness

Lamentations 1:2, 16

II. The Reason for Loneliness [8-17]

A. We were made for relationship with God

B. Sin has broken that relationship with God

Lamentations 1:8, 9, 14, 18

C. God loves us too much to leave us alone

Lamentations 1:12, 13, 14, 15,

III. Responding in Loneliness [18-22]

A. Turn

Lamentations 1:18, 20

B. Express

Lamentations 1:20

C. Request

Lamentations 1:21-22

D. Trust