

I. The Eternality of God

A. God is our eternal dwelling place
Psalm 90:1

B. God is our everlasting creator
Psalm 90:2

II. The Mortality of Man

A. Life is brief
Psalm 90:3-4

B. Life is fragile
Psalm 90:5-6

C. Life is broken
Psalm 90:7-8
Psalm 90:9-11

III. The Quality of a Well Lived Life

A. Number your days
Psalm 90:12

B. Be satisfied with God
Psalm 90:14-15

C. Honor God with your work
Psalm 90:16-17