# LIFE LABS

**LEADER GUIDE** 

**WEEK 7: Spirit** 

#### **Ice Breaker**

How is your week going?

#### Watch the Video

### **Scripture Reading**

John 14:15-31

#### **Discussion Questions**

What does the spirit do?

What is the peace we have through the spirit?

How is God working on you through this text?

What does it look like for you to live out this teaching?

## **Spiritual Discipline Application**

Practicing solitude. Find times to be alone with God this week. Invite the Holy Spirit to bring peace in the areas of your life that are broken.

#### **Praises and Prayer Requests**

Make a list of what everyone in the group can be praying for throughout the week.