

WEEK 4: REACTION TIME

Ice Breaker

What kind of music do you refuse to listen to?

Watch the Video

| Read Proverbs 11:9

What a great proverb for our day!

Think about how knowledge is obtained. It is usually obtained over time, through study and listening. The author Malcom Gladwell popularized the theory if you want to become an expert in something you have to put in 10,000 hours. We often spend a lot more time talking or dwelling on our own thoughts and ideas, but what we really need, is more time listening and discerning what the Lord is up to!

| Read John 15:1-8

Abiding in the vine means receiving and believing and trusting in the words of Jesus. It means receiving the love of Jesus for the Father and for his people and the joy that Jesus has in the Father and in us. To receive from the Lord we have to be open and ready. Being open to receive from the Lord might require us to be slow to speak and quick to listen.

Discussion Questions

|Why does it feel more rewarding to be quick to react with our words rather than being quick to listen?

|When we are abiding in Christ we are ready to receive what he has for us according to John 15. What might we receive by being quick to listen to God and to others?

| Tell about a time when the Lord has moved you to action because you have listened.

Application

| One of the spiritual disciplines is solitude. Find time this week to have a time of solitude with the Lord. Even if it's only for a few minutes. Turn off your phone, and try to find a place free of distractions. Take time in solitude to listen!

Praises and Prayer Requests

Make a list of what everyone in the group can be praying for throughout the week.