# LIFE LABS

## ICE BREAKER

What is the most satisfying snack?

## SCRIPTURE

JOHN 7:30-52

## WATCH VIDEO

## DISCUSSION QUESTIONS

How do God's kingdom values in this text compete with the values of our age?

What does the text say about the kind of kingdom God is building?

What area of my life does Christ need to transform for his kingdom?

How would my community be transformed with these kingdom values lived out?

## SPIRITUAL DISCIPLINE

Discipline of meditation: On your own, read Psalm 23.
Once in your head, another time out loud.
Slowly read each verse once more, focusing on the imagery.
Talk with God about your thoughts and feelings.
Then be quiet and listen for His voice.