

# LIFE LABS

LEADER GUIDE

## WEEK 1: CROSS

### Ice Breaker

Would you rather have super sensitive taste buds or super sensitive hearing?

### Watch the Video

### Scripture Reading

John 19: 15 - 37

### Discussion Questions

Is it hard to wrap your head around the violence of the story?

Have you ever thought there has to be a better way to restore folks to the Kingdom?

In every group of believers, we tend to have two unofficial lists. One of the sins we readily condemn, and one of the sins we put up with. Yet both lists are covered by Jesus' blood. Thinking about that, write two lists for your group, not assigning them to anyone.

How can remembering Jesus' death in the most gruesome way keep us focused on the work God is doing inside each of us?

### Spiritual Discipline Application

Memorize Romans 3:23. If you have already done that, add Romans 3:22 - 25.

### Praises and Prayer Requests

Make a list of what everyone in the group can be praying for throughout the week.