

# LIFE LABS

LEADER GUIDE

## WEEK 2: Getting Low

### Ice Breaker

Tell about a time when someone served you.

### Watch the Video

### Scripture Reading

John 13:3-17

### Discussion Questions

How does having confidence in God move us towards service?

What does it mean that Jesus washed Judas' feet too?

How is God working on you through this text?

What does it look like for you to live out this teaching?

### Spiritual Discipline Application

This week our discipline focus is submission. Richard Foster says, The great part about submission is it unloads the burden of needing to be right all the time! Find ways to submit to others as an act of obedience to Christ?

### Praises and Prayer Requests

Make a list of what everyone in the group can be praying for throughout the week.

