





1. The person next to me has had more frustration than success.



- 2. The Holy Spirit's translation of our "groanings" means that He expresses our frustrations in a language only He and the Father can understand.
- 3. The Holy Spirit does not literally "help" us to pray, He is more of a conduit that helps to deliver the message to the Father.
- 4. Talking directly to the Holy Spirit in prayer would be a great offense to the Father.
- 5. The Holy Spirit is simply an ambassador to earth for the Father.

dıg deep

READ: Romans 8:26,27

26 In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. 27 And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God.

- ¶ When you first encountered this message in Scripture, what were you told that it meant?
 - ¬ What might it mean that "the Spirit helps us in our weakness"?
 - ‡ *Helps* = συναντιλαμβάνεται (synantilambánetai), found elsewhere only in Luke 10:40.
 - † How does this change your view of God's involvement within your times of prayer?
 - ¬ What might the Holy Spirit's intercession through **groans** say about His character?
 - ‡ How does this support or contradict those who say that God is beyond petty human emotions?
 - ¬ Verse 27 comes back and repeats the word *intercedes*. What have you heard that the Holy Spirit is doing during this intercession?

notes



‡ How does the last phrase of verse 27 help to explain the first part of verse 26?

† In other words, what is our **weakness**, and what is it that **we don't know what to pray for**?

READ: Romans 8:28-30

28 And we know that in all things God works for the good of those who love him, who have been called according to his purpose. **29** For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters. **30** And those he predestined, he also called; those he called, he also justified; those he justified, he also glorified.

If the Holy Spirit is our prayer partner--who always translates our requests into appeals for what we actually need to accomplish God's will--how does this change your current views about prayer requests, answers to prayer, and the Holy Spirit's involvement during prayer?

this week's conversation with god

- 1. How am I intentionally involving the Holy Spirit as my prayer partner?
- 2. How much of my will am I imposing on God?
- 3. What new beautiful element of God's character do I see now?

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