

Session 4

Communion/Lord's Supper

What is Communion or The Lord's Supper?

Scriptures: Luke 22:14-23 & 1 Corinthians 11:17-34

Materials or technology that may be helpful: Paper and pencil/pen to draw pictures of symbols and a mirror, and 2 communion kits from church.

What is your favorite food?

What is your favorite holiday meal?

Today, we will look at a time Jesus taught His disciples about a meal that we call the Communion or the Lord's Supper. Throughout this lesson, it will be referred to as Communion.

As we look at the observance of Communion, let us open our Bibles to Luke 22:14-23. Jesus' last night with the disciples was used to give His followers a better understanding of what His mission was and how He would be remembered.

1. Jesus wanted to eat this last supper before He would be arrested later that night.
2. Jesus would use the act of breaking bread and giving them the cup with the fruit of the vine as a symbol.

Share some symbols with your child. Draw the McDonald's logo, draw a stop sign, draw or show them a cross. These three symbols represent something which reminds us of something or to do something.

Jesus used the bread and the juice as a symbol of what He would later do on the cross.

The bread for Communion was to remind us that Jesus gave His body on the cross to become our offering for the sin in our life.

The fruit of the vine is a symbol of His blood used to cover our sins and to forgive us.

Jesus calls His followers to a special time when we take Communion. It is a time to remember that Jesus gave all He had to cover and to forgive our sins.

Every time we take the bread and juice, we are using a symbol to remember what Jesus did for us.

Taking Communion may cause us to feel sadness. We can remember that Jesus had to die to forgive us. When we remember Jesus this way, we understand in a better way that He is our **Savior**. Jesus is the only one who can remove our sin and forgive us of our sin.

Communion can make us feel happy. We remember that Jesus loved us so much He went to the cross for our sins. We feel happy because we understand His love for us.

Use Communion as a way to help your child reflect on life as a follower of Jesus. Use a mirror to talk about how it reflects an image. We look in the mirror and see what we look like. In the same way, as we take Communion, we reflect on ways we are following Jesus or ways we need to follow Him better. Remind your child Communion can help us reflect to see if we need to ask God's forgiveness for a current sin or to seek direction for being a "fisher of men."

You may want to contact Pastor Kathy Trulock prior to this session for a couple of Communion kits to be used as an example for your time.

Close in prayer, asking God to remind us of how much He loves us and forgives us in our daily lives.