

Session 7 | “My 5 Discipling Practices”

Book Chapter 15 | Matthew 13:36 and 52

BIG Goal | To begin discipling our family and friends the way Jesus disciplines His followers in the gospels.

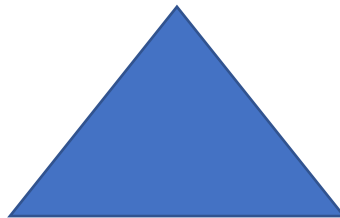
Today’s Goal | To learn 5 discipling practices which will help us optimize our Missional Community for accomplishing Jesus’ discipling goals.

Watch video session #7 and then process questions and insights with the following:

On page 168 of the book, “Joining Jesus – Show Me How,” there is a template for what a discipling plan can look like (a copy is also included at the end of these processing materials on p.32.) The template brings together the discipling insights gained from Jesus in the gospels and lays them out in an organized way. It’s set up around three main questions: Who will I disciple? Why will I disciple them? And how will I disciple them?

You began to answer the questions of Who and Why last time. Today we’ll drill down on the How: How will you disciple your family and friends? To help you craft that part of your plan, the template is organized around how Jesus disciplines His followers in the gospels.

1) Do you remember the three key parts of Jesus’ discipling process? List them on the triangle below.



2) A key for emulating Jesus’ discipling process with our family and friends is our time together in Missional Community. Because our time together is limited, we will want to optimize the time we have for accomplishing Jesus’ discipling goals. The Finke’s advocate 5 Discipling Practices.

- The 5 Discipling Practices frame and direct the conversation of the Missional Community so it more consistently engages Jesus’ discipling process and, therefore, accomplishes His discipling goals. *(The practices aren’t from the gospels, per se, but from simply working through the practicalities of using Jesus’ process to disciple 21st century people.)*

- What are the 5 Discipling Practices the Finke's advocate?
 - i. Remember our True _____ and _____ in Christ
 - ii. Remember that In _____ is for Out _____
 - iii. Ask Good _____
 - iv. Remember, All That is Still _____
 - v. Move from Insight to _____

3) Discuss the importance and use of each of the discipling practices. What makes sense about each of them? (*Re-watch the video when helpful.*)

- i.
- ii.
- iii.
- iv.
- v.

4) Greg concludes the video by saying, "While our time together in Missional Community is limited, we can optimize it by using the 5 Discipling Practices to frame and direct the conversation toward Jesus' discipling goals. With a little practice, they'll become effective tools in your hands."

- What is needed for the 5 Discipling Practices to become effective tools in our hands?

Before We Go

(Note: It may be helpful to break into groups of three for this.)

Insight to Action

What was the most significant insight you had as a result of today's video and discussion? Can you take your insight and turn it into a plan for action in the coming week?

Write down your insight and plan for action:

Take **60 seconds** to have each person share their response with the group.

Ministering through Prayer

As we prepare to head out with Jesus, have each person ask the next person, "**How can I help you in prayer?**" After everyone has had a turn to answer, each person then prays for their neighbor.