

## **This is a summary of Pastor Justin Varghese's sermon on Demons on February 8, 2026.**

### **MAIN THEME**

This sermon teaches that spiritual warfare is real, demons exist, and yet Jesus Christ has complete authority over all spiritual darkness. Believers are living in a battlefield, but they are not fighting for victory—they are fighting from victory. The enemy is defeated but still active through lies, deception, and cultural influence.

### **KEY SCRIPTURES**

- [Matthew 12:22–30](#)
- [Ephesians 6:12](#)
- [1 John 4:4](#)
- [Romans 8:38–39](#)
- [Daniel 10](#)
- [1 Corinthians 10:20](#)

### **INTRODUCTION**

Justin begins by reminding the church that spiritual warfare is not imaginary or symbolic—it is real. While some believers are uncomfortable with the topic of demons, Jesus Himself spoke plainly about Satan and demonic forces. If Jesus believed in them, then Christians must take them seriously as well.

The sermon uses the illustration of post–World War II warfare. Even after a war is officially won, violence may still occur. In the same way, Christ has already defeated Satan, but demons continue to operate in a desperate attempt to destroy lives before their final judgment.

#### **[Ephesians 6:12](#)**

- This verse frames the entire sermon: our true enemy is not people, governments, or systems alone, but spiritual forces of evil. Human problems often have spiritual dimensions.

### **MAIN POINT 1 – JESUS EXPOSES THE EVIL INSIDE US**

#### **[Matthew 12:22–23](#)**

- Jesus heals a demon-oppressed man who was blind and mute. This miracle reveals two realities: first, demonic oppression is real; second, Jesus has absolute authority over it.
- Justin explains the difference between possession, oppression, and influence. Possession involves control and only applies to unbelievers. Oppression is external spiritual pressure that believers may experience. Influence is subtle cultural and ideological shaping that affects everyone.

#### **[1 John 4:4](#)**

- This verse shows that believers cannot be possessed because the Holy Spirit dwells within them. Darkness cannot occupy what God owns.

#### **[Romans 8:38–39](#)**

- Nothing—not even demons—can separate a believer from Christ's love. Salvation is secure.
- Justin also warns against blaming every sin on demons. Sometimes the problem is not spiritual attack but personal responsibility.

#### **[James 1](#)**

- This passage reminds us that temptation often comes from our own desires. The most spiritual response is sometimes repentance, not rebuking demons.

- Tim Keller and C.S. Lewis are quoted to emphasize balance: Christians should neither obsess over demons nor deny their existence. Discernment, not paranoia, is biblical maturity.

## **MAIN POINT 2 – JESUS EXPOSES THE EVIL AROUND US**

### **Matthew 12:24–26, 28**

- The Pharisees accuse Jesus of working with Satan. Jesus exposes their flawed logic: a divided kingdom cannot stand. If demons are being cast out by God’s Spirit, then God’s Kingdom has arrived.
- Justin explains that demonic forces operate not only personally but systemically.

### **Daniel 10**

- This chapter reveals spiritual beings influencing nations. Earthly conflicts often reflect unseen spiritual realities.

### **1 Corinthians 10:20**

- Idolatry is not neutral—it involves spiritual allegiance to demonic powers.
- Justin applies this to modern culture. Media, politics, education, and social values are contested spiritual spaces. Christians must engage wisely, not fearfully, standing firmly in Christ.
- He explains that Satan’s primary weapon is deception. The Greek word for devil, diabolos, means liar and slanderer.

### **1 Timothy 3**

- Bitterness and pride create footholds for the enemy. Satan rarely works dramatically; he works gradually through lies that sound reasonable and feel harmless.

## **MAIN POINT 3 – JESUS EXPOSES THE EVIL ABOVE US**

### **Matthew 12:29–30**

- Jesus identifies Satan as the 'strong man' who has already been bound. The kingdom of darkness is under judgment and being dismantled.
- Justin explains that Satan is defeated but still active through temptation and accusation. In temptation, he minimizes sin and exaggerates freedom. In accusation, he magnifies guilt and hides grace.

### **The gospel destroys both strategies:**

- It kills temptation by reminding us that Christ died for our sins.
- It kills accusation by reminding us that Christ already paid our debt.

## **PLUNDERING THE STRONG MAN**

- Justin explains that spiritual warfare is not theatrical exorcism. It is daily holiness.
- Plundering Satan’s kingdom means confessing sin, pursuing righteousness, rejecting secrecy, and living in the light.
- Hidden sin keeps believers spiritually bound. Satan does not need possession—he only needs silence, shame, and isolation.

## **CONCLUSION**

- Believers do not pursue holiness to defeat Satan—they pursue holiness because Jesus already has.
- The Christian life is not about fear but freedom.
- Jesus is the conquering King. Satan is the bound enemy. Christians are not terrified soldiers—they are liberated sons and daughters of God.