



**CALVARY  
MEMORIAL  
CHURCH**

March 15, 2026 – Winter Psalms 2026  
*Gather to praise the LORD!*  
Psalm 149

Psalm 149 (ESV)  
<sup>1</sup>Praise the LORD!

*“Praise the LORD!”*

Sing to the LORD a new song,  
his praise in the assembly of the godly!

*1. Gather to sing and praise the LORD!*

<sup>2</sup>Let Israel be glad in his Maker;

> songs of redemption! (1b)

let the children of Zion rejoice in their King!

*Sing to the LORD a new song, (also Psalm 40:1-3)*

<sup>3</sup>Let them praise his name with dancing, making melody to  
him with tambourine and lyre!

> amidst the “gathered” (1c)

<sup>4</sup>For the LORD takes pleasure in his people; he adorns the  
humble with salvation.

*his praise in the assembly of the godly! (also Hebrews 13:15)*

<sup>5</sup>Let the godly exult in glory; let them sing for joy on their  
beds.

*2. Sing and praise your Maker!*

<sup>6</sup>Let the high praises of God be in their throats  
and two-edged swords in their hands,

Let Israel be glad in his Maker; (2a)

<sup>7</sup>to execute vengeance on the nations and punishments on the  
peoples, <sup>8</sup>to bind their kings with chains and their nobles  
with fetters of iron, <sup>9</sup>to execute on them the judgment  
written! This is honor for all his godly ones.

Also Psalm 100:3; 95:6

Praise the LORD!

*3. Sing and praise your King!*

*let the children of Zion rejoice in their King! (2b)*

(Also 1 Tim. 1:17; 6:15-16; Revelation 17:14; 19:16)

Psalm 100:3

*Know that the LORD, he is God!*

*It is he who made us, and we are his;*

*we are his people, and the sheep of his pasture.*

Psalm 95:6

*Oh come, let us worship and bow down;*

*let us kneel before the LORD, our Maker!*

1 Timothy 6:15-16

*which he will display at the proper time—he who is the blessed  
and only Sovereign, **the King of kings** and Lord of lords,*

<sup>16</sup>*who alone has immortality, who dwells in unapproachable  
light, whom no one has ever seen or can see. To him be honor  
and eternal dominion. Amen.*

Psalm 107:2

*Let the redeemed of the LORD say so,  
whom he has redeemed from trouble*

*4. Sing and praise His salvation and His  
judgment!*

*Sing and praise His Salvation! (3-5)*

*Sing and praise His judgment! (6-9)*

--- Revelation Demands Response ---

*Praise the Lord!*

Declaring, specifically, Who He is and What He’s done!

*Through him then*

*let us continually offer up a sacrifice of praise to God,  
that is, the fruit of lips that acknowledge his name.*

*Hebrews 13:15*

Application questions on the back →

--- *Gather to praise the LORD!* ---

March 15, 2026

**SUNDAY after church...**

Think through your morning and: 1) List and praise the Lord for specific encouragement you were able to give! 2) List and praise the Lord for specific encouragement you received! 3) List songs or lyrics that touched your heart.

**MONDAY**

**DISCUSSION STARTER:** From Psalm 149:1b. Write out what all that this teaches us about corporate worship in your local church. How does this shape your understanding of worship in your local church and singing.

**TUESDAY**

**DISCUSSION STARTER:** From Psalm 149:1a and 9b, write out what you now know about the phrase "Praise the Lord". How do we sometimes get this wrong? Write out the hinderances to doing this

**WEDNESDAY**

**DISCUSSION STARTER:** Read Psalm 149:2 and write out how you can "apply" the fact that He is your Maker and also your King. What is unique in each? What does each mean in your life?

**THURSDAY and FRIDAY**

**DISCUSSION STARTER:** Read Psalm 149 through again. Write out what applications you come away with in response to the Word. How does it affect your intentional speech amidst the world?

**SATURDAY**

**Prepare** your heart for Sunday's gathering by being ready to fully engage in the worship.