



GOD'S GRANOLA MIX

Calvary Chapel Retreat Center

ingredients

- 1 cup almonds
- 1 1/2 cup coconut
- 6 cups rolled oats (not quick)
- 1 1/2 cups walnuts
- 1/2 tbs cinnamon
- 1/2 ground cloves
- 1 cup canola oil
- 1 cup honey
- pinch nutmeg
- *Optional: dried fruit (i.e. raisins, etc.)

instructions

1. Preheat oven to 325
2. In a mixing bowl, combine almonds, coconut, walnuts, rolled oats, nutmeg, cinnamon, and cloves.
3. In a saucepan, combine oil and honey, heat until it just begins to boil.
4. When the oil and honey are heated, combine with the dry ingredients, stirring with a spoon.
5. Spread granola mix on a pre-greased baking sheet and bake for 10-12 minutes.**
6. Once cooled, store it in a ziplock bag or container.

**You really have to keep an eye on this one. When the granola starts browning, it can go quickly.



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RAW GRANOLA

@veg.corner

ingredients

- 1/2 cup raw almonds
- 1/2 cup raw walnuts
- 1/4 cup shredded coconut
- 1/4 cup flax meal
- 7 medjool dates

instructions

1. In a food processor, pulse blend the almonds, walnuts, and coconut together.
2. Once everything is nicely crushed, add the flax meal and the dates, pulse blend again.
3. Transfer into a jar and conserve in the fridge up to 2 weeks.



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