



GROUP DISCUSSION QUESTIONS

TRAVELING LIGHT

1/4/26

- Where in your life do you feel the strongest need to have “all your bases covered,” and why do you think that area matters so much to you?
- Can you name a time when something you thought was secure didn’t turn out to be? How did that experience shape the way you live now?
- When life feels heavy or uncertain, what do you personally use to avoid facing it—busyness, distraction, control, or something else?
- From Psalm 23, which line or image connected with you emotionally, and what do you think that says about what you need from God right now?
- If you truly believed Jesus is your Shepherd and has you covered, what’s one “bag” you could put down this week and trust Him with instead?

KEY VERSE: Psalm 23:1, 1 The LORD is my shepherd; I have all that I need.