

## GROUP DISCUSSION QUESTIONS

### TRAVELING LIGHT

**1/18/26**

- Where do you currently look for security, and how well is that source actually holding up?
- What burden are you carrying right now that feels heavier than it should, and why do you think you're still holding it?
- Isaiah 40 paints a picture of a God who is unmatched in power and knowledge. How does that challenge the way you usually handle stress or uncertainty?
- What "cheap imitation" of God (self-reliance, politics, control, success, etc.) are you most tempted to trust instead of Him?
- What would it practically look like for you to take the risk and trust God so you can start Traveling Light this week?

**KEY VERSE:** Isaiah 40:31 But those who trust in the LORD will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.