



**Life Group Discussion Guide**  
**“From Paralysis to Praise” – Mark 2:1-12**  
Paul Friesen – January 21, 2024

Ice-Breaker

- Share your ideal snow day.

Questions

- **Why** do people want to hear Jesus?
- **What** is keeping you from living fully?
- **Where** are you going for fullness of life?
- **Who** are your friends and where are they taking you?
- **When** others see you, will they be amazed?

Digging In

Read Mark 2:1-12, and discuss the following questions.

- What is something that stood out to you from this passage/message?
- Why do people want to hear Jesus?
- What is remarkable about the men who brought their friend to Jesus?
- Who is someone who’s gone the extra mile to help you when you were hurting to heal and grow spiritually? Can you share how and what this looked like for you?
- Why are the friends you keep so important? What does this tell you about the kind of friend you want to be for others?
- Why does Jesus make the statement he does in verse 5? Why is this so shocking and amazing to the crowd?

Application

- What is a key takeaway you can apply this week?

Praying as a group

- How can we be praying for each other this week?