



Life Group Discussion Guide
“Jesus at the Center” – Matthew 17:1-8
Scott Paulson – May 24, 2026

Main thought:

When Jesus reveals His glory at the Transfiguration, the Father makes it unmistakably clear that Jesus stands above every other authority, teacher, and power, and our greatest calling is to listen to Him and center our lives on Him alone.

Ice-Breaker

- What is a mountain top moment you’ve experienced with God?
 - Example: A time when you were in awe of God, deeply aware of his presence, or greatly moved spiritually.

Questions

1. What stood out to you from Matthew 17:1-8?
2. Why do you think the Father’s main command was so simple and direct: “Listen to Him”? What does that reveal about what matters most in following Jesus?
3. Peter immediately wanted to “do something” for Jesus by building shelters. Why do you think we often default to activity instead of listening?
4. Have you ever experienced a season where you were busy doing things for God but not slowing down to listen and just be with God? What happened?
5. The sermon compared us to the moon reflecting the light of the sun. How does that picture help you understand your role as a follower of Jesus?
6. In verse 4 Peter says, “It is good for us to be here.” It seems that he still believes it would be better to stay on the mountaintop versus the alternative which is Jesus heading to the cross. How is this relatable and yet, why is it that Peter would still be wrong with this orientation?
7. The message warned about putting anything or anyone on the same level as Jesus. What are some modern things that we put on the same level as Jesus?
8. Which of the three closing applications challenged or encouraged you the most this week?
 - a. Learn to listen to Jesus before you try to do for Jesus.
 - b. Rely on Christ’s power instead of your own strength.
 - c. Trust that Jesus is Lord in both the mountain moments and the valley seasons.

Prayer: Take some time to pray for each other.