

Sermon Notes
October 5, 2025
Ephesians 4:25-32
“Be Kind and Compassionate to One Another”

1. Compassion needs **action.** (Acts 20:35, 1 John 3:17, Isaiah 58:6-7)

2. Kindness is **strongly connected** to our speech. (Proverbs 12:18)

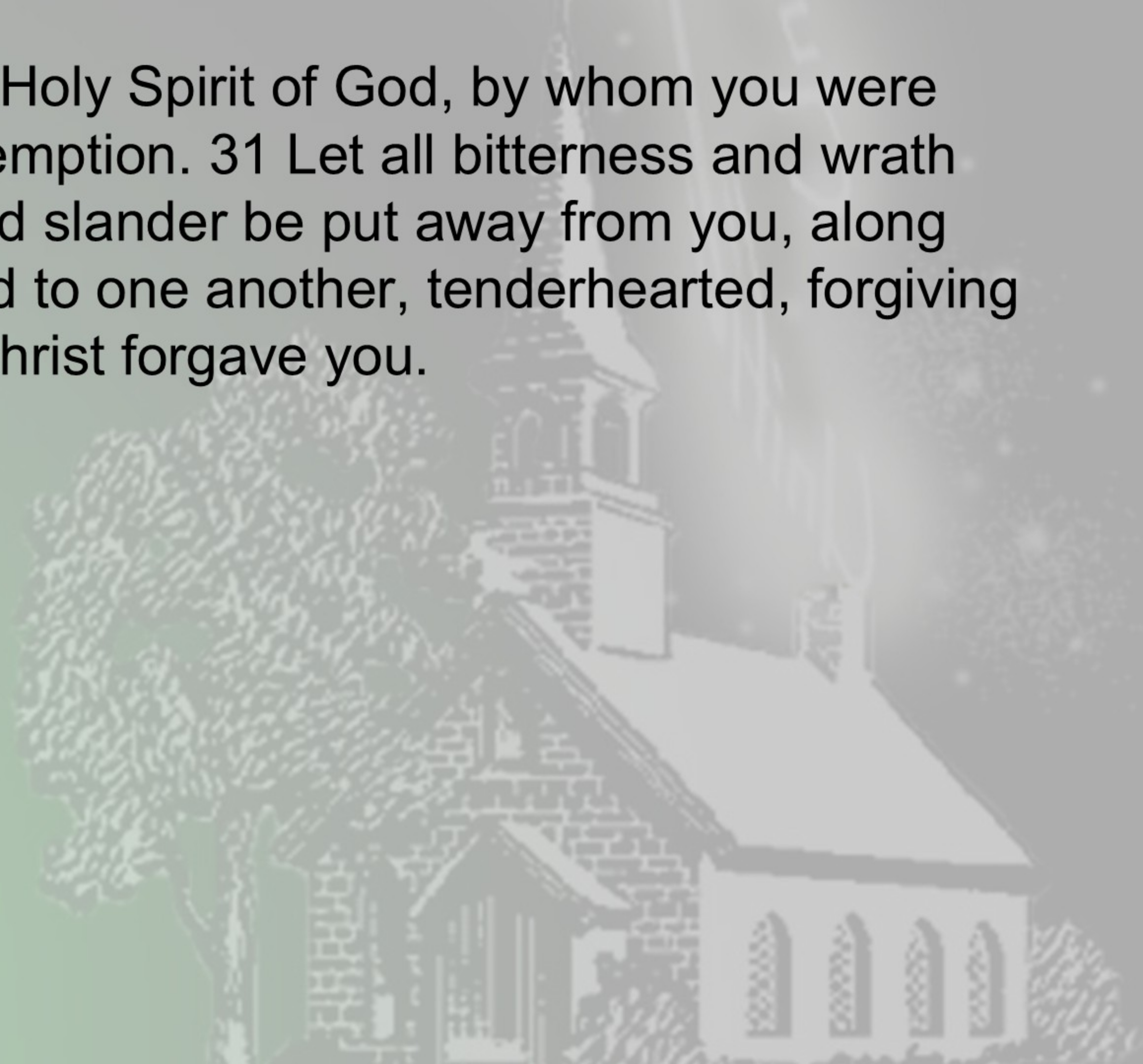


**“Be Kind and Compassionate to
One Another”**

Ephesians 4:25-32

25 Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. 26 Be angry and do not sin; do not let the sun go down on your anger, 27 and give no opportunity to the devil. 28 Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need. 29 Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear.

30 And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. 31 Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. 32 Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.



Compassion needs **action.**

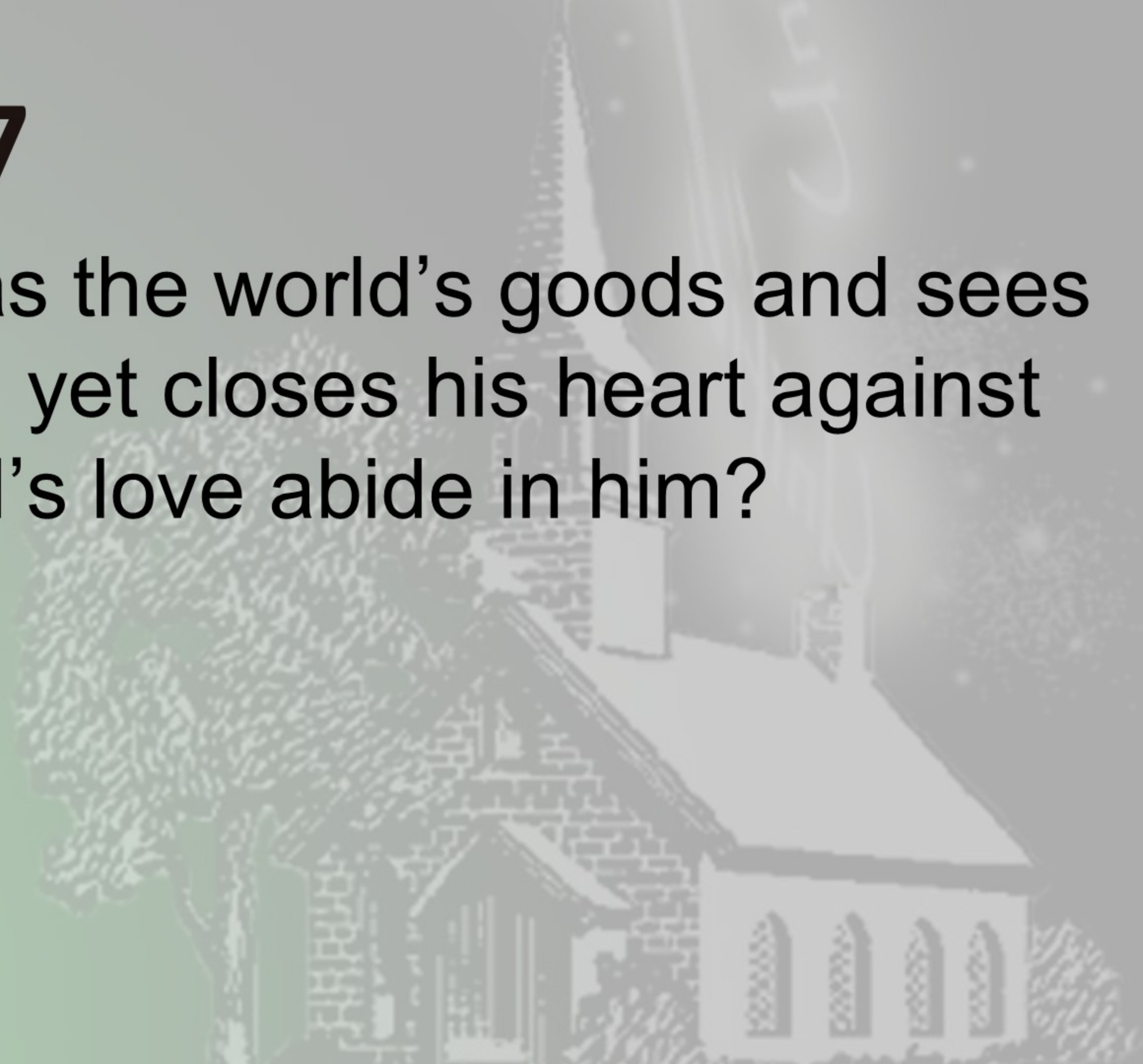


Acts 20:35

35 In all things I have shown you that by working hard in this way we must help the weak and remember the words of the Lord Jesus, how he himself said, 'It is more blessed to give than to receive.' ”

1 John 3:17

17 But if anyone has the world's goods and sees his brother in need, yet closes his heart against him, how does God's love abide in him?



Isaiah 58:6-7

- 6 “Is not this the fast that I choose:
to loose the bonds of wickedness,
to undo the straps of the yoke,
to let the oppressed go free,
and to break every yoke?
- 7 Is it not to share your bread with the hungry
and bring the homeless poor into your house;
when you see the naked, to cover him,
and not to hide yourself from your own flesh?

Kindness is **strongly connected**
to our speech.



Proverbs 12:18

18 There is one whose rash words are like sword thrusts, but the tongue of the wise brings healing.

