FOSTERING LIFE YOUTH RANCH

Christmas Gift Ideas | Ages 6–17 | Residential Treatment Center

Ages 6–9 | Gift Ideas

• Soft stuffed animals or Squishmallows (no removable pieces)

• Coloring books, washable crayons, sticker activity books

• Paint-by-sticker books and age-appropriate paperback books

• Large-piece cardboard puzzles and simple card games

• Character pajamas, comfortable T-shirts, socks and slippers

• Tennis shoes, high-top sneakers and comfortable everyday shoes

• Sweatshirts, jackets and coats without drawstrings

Ages 10–13 | Gift Ideas

• UNO, Skip-Bo and other staff-approved card games

• Paperback graphic novels, sports books and activity books

• Soft sensory toys approved by staff

• Bound journals or sketchbooks (no spiral wire or metal rings)

• Nike, Adidas, Under Armour or similar T-shirts and crewneck sweatshirts

• Tennis shoes, high tops, slip-on shoes and socks

• Sweatpants, pajamas, jackets, coats and fleece pullovers without cords

Ages 14–17 | Gift Ideas

• Name-brand T-shirts, crewneck sweatshirts, sweatpants and comfortable outfits

• Tennis shoes, high-top sneakers, slip-on shoes and everyday footwear

• Winter jackets, coats, fleece pullovers and warm socks

• Paperback books, graphic novels, journals and puzzle books

• Staff-approved card games and soft sensory items

• Pajama sets and slippers (no drawstrings or detachable accessories)

Clothing & Footwear | All Ages

• Tennis shoes and high-top sneakers (correct size; staff to review laces)

• Slip-on shoes, Crocs-style clogs without charms, and slippers

• Jackets, winter coats, fleece pullovers and crewneck sweatshirts

• T-shirts, long-sleeve shirts, sweatpants, jeans and pajamas

• Socks and underwear (new, correct size and age-appropriate)

Toiletries & Personal Care | All Ages

• Shampoo and conditioner in plastic bottles

• Body wash and gentle soap in plastic packaging

• Deodorant (solid stick; no aerosols or glass)

• Toothpaste and facility-approved toothbrushes

• Lotion and lip balm in approved non-glass packaging

• Hairbrushes and combs with rounded, non-sharp edges

• Hair ties without metal pieces, if approved

Toiletry note: Staff should review ingredients, caps, packaging and storage rules. Dispense or supervise products when required; avoid alcohol-based products, aerosols, glass, razors and sharp grooming tools.

Facility / Supervised Group Gifts

• Card games, cardboard puzzles and paperback books

• Oversized soft dice and soft indoor bowling sets

• Staff-supervised art activities using approved materials only

Safety Screening Before Gifts Are Distributed

No scissors, knives, razors, sharp or pointed objects, metal-ring binders, gaming systems, cameras, electronics or electronic accessories. Avoid glass, aerosols, cords/long straps, weapons or projectile toys, detachable small parts and breakable items. Review shoelaces, jacket drawstrings, toiletry containers and any item that may be restricted by an individual safety plan.

Donation guidance: Please donate new items, leave them unwrapped for inspection, and include clothing/shoe sizes when possible. Final approval rests with FLYR clinical and direct-care staff; not every listed item is suitable for every resident.