

Big idea: Trusting God is the divine antidote for a troubled heart. If you're discouraged, this prescription is for you.

I. The setting – the continuation of chapter 13... v. 1a

A. We see it in the disciple's EMOTIONAL state

B. We see it in the WORDS of Jesus

1. Jesus KNEW trouble

2. How we THINK determines how we ACT

II. The solution to heart trouble

A. We know Jesus and Jesus is GOD v. 1b

1. What did Jesus MEAN?

- Command - FACT

(believe in God – you already believe in me)

- COMMAND – command

(believe in God – believe in me)

- FACT – fact

(you are believing in God – and you are believing in me)

- Fact - COMMAND

(you are believing in God – now also believe in me)

2. What Jesus AFFIRMED

B. We know Jesus is PREPARING a place for us v. 2-3a

1. His Father's HOUSE

- HEAVEN

- Many ROOMS

2. What Jesus is DOING

- Not that Jesus is WORKING in heaven

- But that Jesus WORKED so we can be in heaven

C. We know Jesus is COMING back for us v. 3b

1. His ABSENCE is not permanent

2. His coming back is our BLESSED HOPE

3. We know we will be WITH Jesus forever

III. What we take away...

Nothing will stabilize your faith like believing the promises of God. Read them, meditate on them, memorize them. They were given to you by your *heavenly Father*.