

February 14, 2026

Opening Hymn	<i>How Can I Keep From Singing</i>	Praise Team
Welcome		Melissa Howell
Praise Song	<i>Angel Band</i>	Praise Team
Ministry Celebration	Freshman Sophomore Retreat	Youth
Offering Call	North American Division Media Ministries	Benji Ferguson
Offertory	<i>You Are My Hiding Place</i> arr. by Tom Fettke	Debbie Duckett, piano
Children's Story		Steve Moran
Praise Song	<i>Heaven Is My Home</i>	Praise Team
Prayer Song	<i>Nearer My God to Thee</i>	Praise Team
Prayer		Suzanne Dizon
His Word	Ruth 1:16-17	Rosalyn Bryant and Shayana Mendes
Message	Come Empty, Leave Loved	Marvin Wray
Postlude	<i>O That Will Be Glory</i> arr. by Cindy Berry	Debbie Duckett, piano

Praise Team: Vocal and Guitar-Rich DuBose; Vocals-Machelle Vietz and Myla Korolevych; Vocal and Guitar-Petro Shvaykovskyy, Cello-Solomiia Shvaikovska

Membership Transfers - Second Reading

To Carmichael:	From:
Krystal Aldred	Modesto Central SDA Church, Modesto, CA
Elizabeth Campanello	Nashville First Church, Nashville, TN
Paul Campanello	Kirkland SDA Church, Kirkland, WA
Janet Kahler	Auburn SDA Church, Auburn, CA
Natasha Negrete	Red Bluff SDA Church, Red Bluff, CA
David Negrete	Rialto SDA Church, Rialto, CA

Sunset Tonight: 5:42 pm Sunset Next Friday: 5:48 pm

Sanctuary Flowers The Ekes are wishing their daughter, Ginikanwa Lori Eke a very Happy Birthday with many more happy years to come. We love you Ginikanwa Lori!

Church Family Budget You may notice we are not currently sharing financial updates in the bulletin this week. This is because our Finance Committee and Church Board will be reviewing and voting on the annual church budget later this month. As of January 31, 2026, church family donations totaled \$32,960. Thank you for your continued faithfulness and generosity. We humbly ask for your prayers—that God would grant wisdom, unity, and guidance in the days ahead.

A Memorial Service will be held for Eleanor Morrison today at 3:00 pm in the Fellowship Hall.

General Potluck The next potluck will be on February 21. Please bring an entree and another dish (like a salad, side or dessert) to share with everyone. The more variety we have, the better our feast will be!

Family Ministries February Events:

- 1) We only have 4 open spots for Family Ceramics and Sabbath Sundown welcome. Two classes: Feb 20 at 4pm and Feb 27 at 4:30.
- 2) Our Sabbath Vespers and Animal Experience at the NorCal Aquarium in Folsom (formerly SeaQuest) on Feb 21 from 5-7 is FREE for you, and we have space left for about 4 families.
- 3) Moms!! We've rented out the whole ASHA bath house for our ultimate relaxing spa experience - and we have about 10 spaces left. Come soak, steam, and sauna with us on this night of spiritual reflection and rejuvenation. Feb 26, arrive anytime from 6-9pm.
- 4) CCK basketball begins Feb 22, 3:30pm at SAA for kids in grades 1-6. Register at: carmsda.org/cckbasketball26
- 5) Sign up for the best event of the year: Our Leoni Meadows Family Retreat March 6-8: <https://tinyurl.com/Leoni-Meadows>
- 6) You can RSVP for all events by texting Pastor Melissa: 253-261-5043.

Hero Night Children's Sabbath School teachers and CCK leadership families are invited to a catered banquet dinner in appreciation for all you do - Feb 18, 6:30pm at the NCC office. RSVP to (253) 261-5043. We appreciate our heroes of family ministries!

Program Director Needed This year we are working with the choir to present a creative Easter program involving actors, extras, and even our youth. We are looking for actors as well as someone to help with coaching and directing the actors. If you are interested, please connect with Pastor Benji for more information!

The Carmichael Community Services Food Bank made an incredible impact on February 11, serving 345 families and 1524 individuals. Thank you for helping us make a real difference.

Exercise Class is growing quickly! Maryna Jeffries is teaching a Pilates inspired class Wednesday mornings at 9:00 am and we have moved to the Youth Chapel. If you are interested, bring a mat and light weights.

Flower Dedication If you would like to dedicate sanctuary flowers to a special person or occasion, the 2026 flower calendar is on the bulletin board next to the Welcome Center in the church lobby. The donations will be the same as last year - \$69.00. If you decide to donate flowers, please mark your contribution "flowers." Also, if you would like a dedication in the bulletin, please email it to office@carmsda.org by the Wednesday before your reserved date.

New Early Refreshment We have started a hot drink ministry that will happen before Sabbath School from 9:30-10:30 am. We will have a variety of hot drinks like coffee, decaf, hot chocolate, and tea. We invite you to show up to Sabbath School a little early and make even more connections at Carmichael! If you are interested in helping us launch this ministry, please talk to Pastor Benji.

Save the Date – Veterans & Servicemembers Luncheon Feb. 28 We're just a couple of weeks away, and **RSVPs are needed** so we can prepare the right amount of food. All veterans, active-duty servicemembers, reservists, and those closely connected to military service are invited to join us for our **first official gathering**—a time to connect and get to know one another. <https://tinyurl.com/5cx38bp3>

Scripture Reading Volunteers Needed As the new year begins, there are many opportunities to serve in worship through Scripture reading. This is a wonderful way to participate in the service, and it's open to children, adults, and even families who would like to read together. Scripture reading is a simple and meaningful way to step onto the pulpit and be part of our worship experience. Interested? Sign up here:

<https://tinyurl.com/ykd2uayp> And if you feel like you need a little coaching or guidance, we're happy to help, just let us know. We'd love to walk alongside you.

Get Updates If you would like to receive text message updates, text: **carmsda** to 833-269-6332.

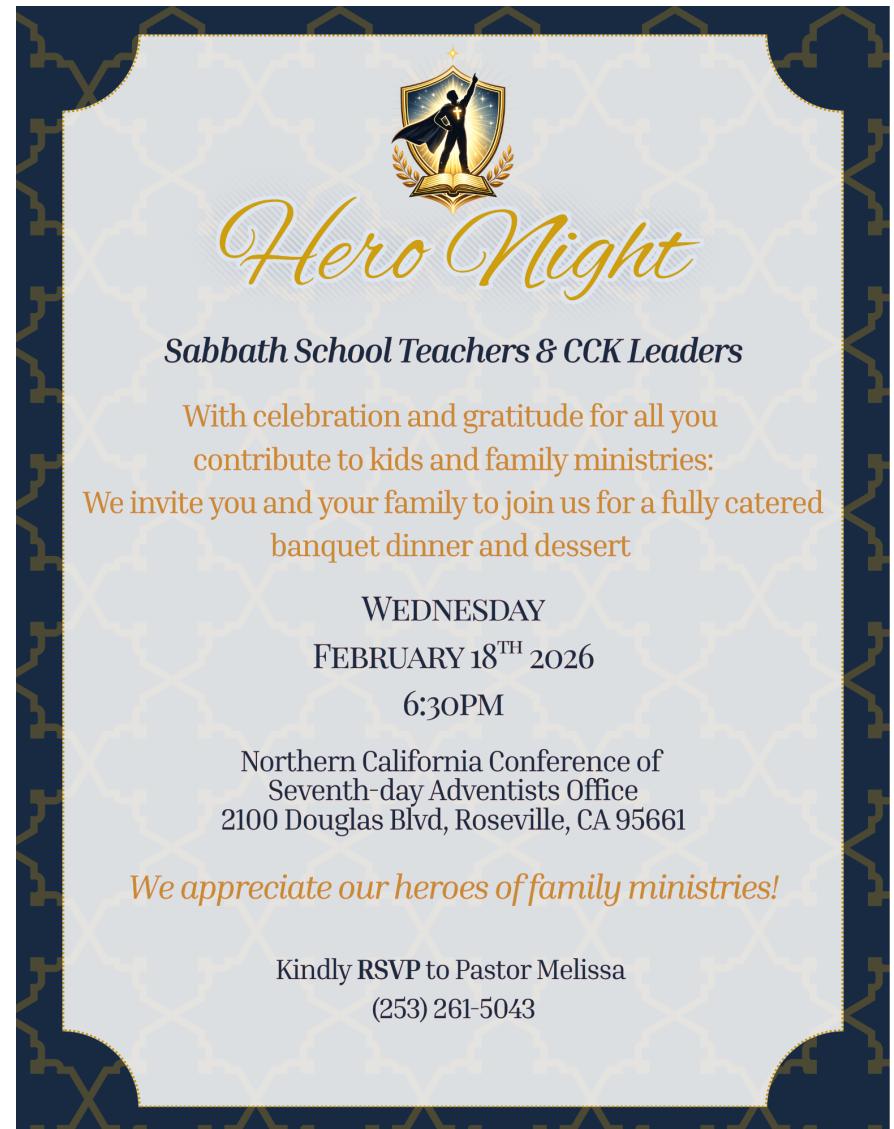
Stay In The Loop To subscribe to our weekly newsletter, please go to: <https://bit.ly/3ZvPKDZ>

Looking Ahead

SABBATH	February 14
11:00 am	Sermon: Pastor Marvin Wray
3:00 pm	Eleanor Morrison Memorial (Fellowship Hall)
WEDNESDAY	February 18
8:30 am	Community Food Distribution (Fellowship Hall)
9:00 am	Exercise Class (Youth Chapel)
6:30 pm	Wednesday Night Youth Group (Youth Chapel)
6:30 pm	Hero Night (NCC-Roseville)
7:00 pm	Choir Rehearsal (Choir Room)
FRIDAY	February 20
4:00 pm	Family Ceramics and Sabbath Welcome (SAA)
SABBATH	February 21
11:00 am	Sermon: Pastor Marvin Wray
12:30 pm	General Potluck (Fellowship Hall)
2:00 pm	Pathfinders (Fellowship Hall)
5:00 pm	CCK NorCal Aquarium and Vespers (Folsom)

Sunset Tonight: 5:42 pm Sunset Next Friday: 5:48 pm

All church programs are live-streamed and recorded. Each can be viewed live, or at any time, on our website or on YouTube at carmsda.org



Church Family Field Trip & Vespers

Meet together to close the Sabbath, learn about God's masterful creation, and enjoy visiting live land and sea animals up close and personal. This is a great family Saturday night activity!

SAT FEB 21, 2026
5PM-7PM



NORCAL AQUARIUM
& WILDLIFE

430 Palladio Pkwy #1801 Folsom, CA 95630

RSVP to Pastor Melissa text (253) 261-5043

"Great are the works of the Lord; they are pondered by all who delight in them." – Psalm 111:2

"As the clay is in the potter's hand,
so are you in My hand."
Jeremiah 18:6

Day 1: February 20th
4pm - 5pm

Day 2: February 27th
4:30pm - 5:30pm

Location:
Sacramento Adventist Academy
5601 Winding Way
Carmichael, CA 95608

All ages are welcome—no experience needed! Just come ready to create, laugh, and make something special to take home.

Space is limited.
Please RSVP to Pastor Melissa
(253) 261-5043

Family Ceramics & Sabbath Welcome

Join us for a relaxing and joyful time of painting ceramics as a family! This two-day event is a chance to slow down, be creative, and enjoy fellowship while reflecting on how God is our Master Potter, shaping each of us with love and purpose.



moms night out

THURSDAY FEBRUARY 26TH
6PM-9PM

RELAX, UNWIND, ENJOY QUIET SOCIALIZING OR SOLITUDE - WHATEVER YOUR SOUL IS NEEDING MOST. ROLLING START TIMES BEGINNING AT 6PM.

SPACE IS LIMITED TO 30 PEOPLE.
PLEASE TEXT PASTOR MELISSA TO RESERVE YOUR SPOT! (253) 261-5043

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URBAN BATHS
2417 27TH ST
SACRAMENTO, CA 95818



1ST-6TH GRADE CCK BASKETBALL



SUNDAYS
3:30-5p
Feb 22,
Mar 1,8,15

Sacramento Adventist Academy
(5601 Winding Way, Carmichael)

Receive instruction and work as a team
during games with friends in a
Christian environment!

COST: \$20/CHILD
Register at:
[carmsda.org/
cckbasketball26](http://carmsda.org/cckbasketball26)

