Carmichael
SEVENTH-DAY ADVENTIST CHURCH

October 17, 2026

Opening Hymn	*Crown Him*	Hymn 223
Welcome		Jeff Carlson
Praise Song	*Be Thou My Vision*	Hymn 547
Ministry Celebration	NCC Family Ministries	Benji Ferguson & Barry van Iderstein
Offering Call		Benji Ferguson
Offertory	*Into the Woods My Master Went* arr. by Brian Howell	Debbie Duckett Piano
Children's Story		Steve Moran
Praise Song	*Bound for the Promised Land*	Praise Team
Prayer Song	*How Great is Our God*	Praise Team
Prayer		Allison Williams
His Word	Galatians 5:22-23	Bobbie Clark
Message	Rail Meat	Dr. Bryan Cafferky
Postlude	*It Is Well With My Soul* arr. by Brian Howell	Debbie Duckett Piano

Sunset Tonight: 6:26 pm Sunset Next Friday: 6:18 pm

Church Family Budget

Carmichael continues to be blessed by a generous and faithful church family, and that support makes a real difference in the life and ministry of the church each week. September was a fairly steady month financially, but the church still remains significantly behind budget for the year.

Every gift is deeply appreciated and helps further the larger mission of sharing Christ, serving others, and strengthening the work of the church in our community and beyond.

Sanctuary Flowers The flowers this Sabbath are in celebration of our 18th wedding anniversary. We are grateful for the three wonderful children God has blessed us with and for the church family that has been such an important part of our lives. ~ Justin and Caroline Smith

If you would like to schedule an appointment with Pastor Jeff Carlson, you can call or text him directly at 253-709-6202.

We have been blessed with wonderful pastors who lovingly care for and serve our congregation. They give tirelessly without the thought of reward. October is Pastor Appreciation Month. While we should be showing our gratitude for our pastors all year long, please make a special effort to show them how much you appreciate them and their service throughout this month.

NCC Family Ministries Relationship Workshop Today's speaker, Dr. Bryan Cafferky is presenting two free seminars in the Fellowship Hall today following church, *"Trapping Ourselves in Troublesome Triangles and Stable/Unstable Triangles and Where to Find Them."* Discover practical tools to understand family dynamics, resolve conflicts, and bring healing to your home. A haystack lunch will be provided.

Our second Marriage Ministry event is Friday night Oct 23 from 6-8pm in the Fireside Room. Enjoy Sabbath sundown supper, worship, laughter and learning with other couples - this is a chance to strengthen and deepen your marriage.

Family Barn Party Git yer cowboy hats n' them-there boots on and head on down to the Waldorf School Farm on Sunday Oct 25 from 3-6pm. Come country or in costumes. Feed Atticus the llama & see goats, pigs, chickens, a cow and a horse. Learn how to make apple juice, farm-fresh snacks and nature crafts. Compete in games and obstacle courses, all to the background of live blue-grass band music by Jeff and Whitni Carlson & Co. This is a fun seasonal alternative your family won't want to miss!

Another Preschool Playdate is coming up on Wednesday Oct 28 at 10am - enjoy Fairytale Town in downtown Sac with other young families!

Family Friday Rose Court Campfire Vespers Fridays from 5:30-7:30 pm. Enjoy a free dinner, Sabbath vespers, singing and s'mores around the campfires to welcome in the dark, chilly season of the year.

The Men's Ministry's second meeting is on Oct 31 at 2pm in the Fireside room and the topic is "Highwire Artist: Balance and Burnout." Come learn how to manage the demands of work, home, and family life.

Carmichael Women's Summit Ever wished for a women's retreat you didn't have to pack a suitcase for? Our first ever Carmichael Women's Summit is here at home! Enjoy a power-packed weekend of spiritual growth and worship featuring our very own speaker, Pastor Whitni Carlson. Dinner and meeting Friday Nov 6 at 6pm, breakouts Sabbath Nov 7 at 10am, lunch and meeting Sat. 1-3pm. All women and teen girls are invited! Register now: carmsda.org/women-s-summit

POTLUCK HELP NEEDED We need **3–5 teams** willing to coordinate a church potluck twice a year. For several years, John Guynn has faithfully served as our potluck coordinator while also serving as our kitchen coordinator. He's now officially retired from potluck duty! So, if we want to keep enjoying potlucks at Carmichael, **we need your help!** Interested? Have a team ready to serve? Please contact the church office.

The Carmichael Community Services Food Pantry made an incredible impact on October 14, serving 401 families (1,831 individuals).

Community Services Needs Strong Volunteers to help load cars on Wednesdays from 11:00 am to 12:00 pm. Thanksgiving food distribution is on Wednesday, November 18 and manpower will definitely be needed starting at 11:00 am.

Community Services is collecting brown paper bags folded and flattened for our food pantry. Please drop them off in the red wagon in the church lobby. Thank you!

Flower Dedication If you would like to dedicate sanctuary flowers to a special person or occasion, there are only three dates left in 2026: October 31 and November 28. You can write your name on the flower calendar which is on the bulletin board in the church lobby, or you can call or email the front office and Kimberly will add your name to the calendar.

Get Updates If you would like to receive text message updates, text: **carmsda** to 833-269-6332. You can also text **High School** or **CCK** (Carmichael Cares for Kids, our family and children's ministry) to the same number to get specific announcements for those groups.
Stay In The Loop To subscribe to our weekly newsletter, please go to: https://bit.ly/3ZvPKDZ

Scripture Reading Volunteers Needed A vital part of our worship service is the reading of scripture. We are looking for a variety of people to read scripture from week to week to highlight different voices and varying ages. Children, youth, and adults can all participate in this piece of the service. This can be individuals or families together. Scripture reading is a simple and meaningful way to step onto the stage and be part of our worship experience. If you are interested, please contact Barbara Nahorney at nahorney@mycci.net to get on the schedule. If you feel like you need a little coaching or guidance, we're happy to help, just let us know.

Looking Ahead

SABBATH	October 17
11:00 am	Sermon: Dr. Bryan Cafferky
12:30 pm	Family Ministry Workshop Lunch (Fellowship Hall)
2:00 pm	Adventurers (Youth Chapel)
2:00 pm	Family Ministry Workshop: *Trapping Ourselves in Troublesome Triangles* (Fellowship Hall)
3:30 pm	Family Ministry Workshop: *Stable/Unstable Triangles and Where to Find Them* (Fellowship Hall)
MONDAY	October 19
6:00 pm	Exercise Class (Youth Chapel)
WEDNESDAY	October 21
8:30 am	Community Food Distribution (Fellowship Hall)
5:30 pm	Exercise Class (Youth Chapel)
6:00 pm	Wednesday Night Youth Group (Youth Chapel)
7:00 pm	Choir Rehearsal (Choir Room - Rose Court)
FRIDAY	October 23
6:00 pm	Marriage Ministry (Fellowship Hall-Fireside Room)
SABBATH	October 24
11:00 am	Sermon: Jeff Carlson
2:00 pm	Pathfinders (Fellowship Hall)

All church programs are live-streamed and recorded. Each can be viewed live, or at any time, on our website or on YouTube at carmsda.org

ABOUT US

Pastors

		Telephone No.	E-mail Address
Lead Pastor	Jeff Carlson	253-709-6202	jcarlson@carmsda.org
Youth Pastor	Benji Ferguson	612-481-3843	bferguson@carmsda.org
Children/Family Life	Melissa Howell	253-261-5043	mhowell@carmsda.org
Discipleship/Outreach	Pedro Trinidad	925-951-7041	ptrinidad@carmsda.org

To schedule a meeting with one of our pastors, please text or email using the information above.

Church Staff

Administrative Assistant	Kimberly Jones	916-487-8684	office@carmsda.org
Treasurer	Adam Piersanti	916-487-8684	treasurer@carmsda.org
Assistant Treasurer	Isidro Valdes Sr.	916-487-8684	i.valdessr@carmsda.org

Church Officers

Head Elder	Bobby Peña	916-730-5191	bpena@bp3.com
Co-Head Deacon	Dietmar Grellmann	916-719-2738	dgrellmann@calhospital.org
Co-Head Deacon	Greg Fayard	916-837-1865	gregfayard@yahoo.com
Co-Head Deaconess	Denise Aylsworth	916- 505-6838	bumponthehill@sbcglobal.net
Co-Head Deaconess	Ashley Jarcevic	916-342-2509	ashley.jay1216@gmail.com
Church Clerk	Kimberly Jones	916-487-8684	office@carmsda.org

Sacramento Adventist Academy

https://sacaa.org

Principal	Matthew Jakobsons	916-481-2300	info@sacaa.org
School Board Vice Chair	Barry van Iderstein	916-508-8388	

For facility emergencies, contact Gary Tarvin 279-226-6482
Physical Plant Assistant: Michele Reedy 916-803-4745
Community Services Director: Judy Wong 916-342-5145

facebook.com/carmsda www.carmsda.org instagram.com/carm_sda
YouTube.com/carmsda Online Giving www.carmsda.org/give

NOTE DATE CORRECTION! THIS IS A SUNDAY EVENT

CARMICHAEL FAMILY BARN PARTY DOWN ON THE WALDORF SCHOOL FARM!

SUNDAY
OCT 25
3PM - 6PM

SACRAMENTO WALDORF SCHOOL FARM
3750 BANNISTER RD,
FAIR OAKS, CA 95628

COME IN COSTUME OR DRESS COUNTRY!

PET AND FEED THE LLAMA, GOATS, CHICKENS, PIGS, COW AND HORSE

LIVE BLUEGRASS MUSIC

ENJOY FREE GAMES, ROPE SWINGS & OBSTACLE COURSES

SNACKS AND FOOD - MAKE FRESH JUICE FROM AN APPLE PRESS

COME DISCOVER HOW GOD IS GROWING GOOD THINGS **YOU**!!

A FUN AND SAFE ALTERNATIVE TO HALLOWEEN

QUESTIONS: PASTOR MELISSA (253) 261-5043

FAMILY Campfire VESPERS

FRIDAY, OCTOBER 30TH
5:30PM
Carmichael SDA Rose Court

ENJOY A FREE DINNER, SABBATH VESPERS, SINGING AND S'MORES AROUND THE CAMPFIRES TO WELCOME IN THE DARK, CHILLY SEASON OF THE YEAR

Growing God-space in your home.

Good Food
Great Music
Meaningful Time Together

QUESTIONS: PASTOR MELISSA (253) 261-5043

WOMEN'S SUMMIT

COME TO THE table

A purpose in His plan.

TWO DAYS OF WORSHIP, WORKSHOPS, FELLOWSHIP AND ENCOURAGEMENT

BE INSPIRED by powerful messages

BE EMPOWERED through connection and fellowship

BE EQUIPPED to live with purpose and faith

NOVEMBER

6	7
FRIDAY	SATURDAY
6PM DINNER& MEETING	10AM BREAKOUT MEETINGS
	1PM - 3PM LUNCH & MEETING

All women welcome!

SPEAKER
Pastor Whitni Carlson

REGISTER ONLINE
CARMSDA.ORG

Carmichael
SEVENTH-DAY ADVENTIST CHURCH
4694 Pasadena Avenue, Sacramento, CA 95841

3RD
ANNUAL
ENDING
HOMELESSNESS
SUMMIT
Sabbath | November 14, 2026
3:00-6:00 p.m.
GUEST SPEAKER
Kevin Nye
Housing Director
YouthLink, Minneapolis
Sponsored by the
Northern California Conference
of Seventh-day Adventists
Ending Homelessness
Initiative Ministry
nccsda.com/end-homelessness
Carmichael
SDA Church
4600
Winding Way
Sacramento
LOVE THY UNHOUSED NEIGHBOR

"Two are
better
than one..."
Ecclesiastes 4:9
Christmas Party
You Are Invited
MARRIED COUPLES
MINISTRY
GROWING TOGETHER IN CHRIST
CARMICHAEL
SEVENTH DAY ADVENTIST CHURCH
Stronger Together
in His Purpose
Saturday, December 19, 2026
6:00 PM - 8:00 PM
Carmichael SDA Church
Fellowship Hall
Warm dinner will be served
On site child care provided

Carmichael
SEVENTH-DAY ADVENTIST CHURCH

Family Life Events Calendar Fall 2026

Sept 8 - CCK Soccer Begins: 6:00-7:15pm at SAA
Sept 13 - CCK Soccer: 6:00-7:15pm at SAA
Sept 16 - Preschool Playdate: Rancho Cordova Children's Museum, 10am
Sept 18 - Adventurer/SS Teacher Dedication Dinner/Swim Party, 5:30p Howell Home
Sept 19 - ADVENTURERS Begins: "*God's Aloha Luau*" - 2pm Youth Chapel
Sept 19 - Men's Ministry: *"The Lone Wolf"* - Lunch 1pm, Meeting 2pm, FSH
Sept 20 - CCK Soccer: 6:00-7:15pm at SAA
Sept 25 - **Family Friday**: "*The Amazing Race*"- Vespers/Dinner 5-8pm FSH
Sept 27 - CCK Glow-in-the-Dark Soccer: 6-7:30pm at SAA
Sept 29 - Moms Night Out: *"Empty Piñata"* - El Tapatio, 6:30pm

CCK
CARMICHAEL CARES for Kids

Oct 1 - Family Home Worship Groups Launch
Oct 4 - Preschool Family Field Trip: Train Museum, Downtown Sac, 10am
Oct 4 - Marriage Ministry Welcome Brunch -10:30am, Fellowship Hall (FSH)
Oct 14 - Mom's Night Out: "*Mess or Masterpiece?"*- Petroglyph Pottery 5:30pm
Oct 17 - ADVENTURERS: "*Parrot Paradise*" - 2pm Youth Chapel
Oct 23 - Marriage Ministry: Meeting and Dinner, 6-8pm Fireside Room
*Oct 24 or 25 - **CCK Barn Party & Costume Contest**: *Down on the Farm!- TBD*
Oct 28 - Preschool Playdate: Fairytale Town, 10am
Oct 30 - **Family Friday**: Rose Court Campfire Vespers/Dinner, 5:30pm
Oct 31 - Men's Ministry: "*High-Wire Artist: Balance & Burnout*" - 2pm Fireside Room

Nov 1 - Family Gratitude Challenge Begins: "*30 Days of Thanks*"
Nov 6 - **Women's Summit:** "*Come to the Table*" Session 1 & Dinner - 6pm FSH
Nov 7 - **Women's Summit:** "*Come to the Table*" Session 2 - 2pm FSH
Nov 8 - Family Mini-Golf Event: Golfland/Sunsplash, 3:30-6pm
Nov 11 - Preschool Playdate: Effie Yeaw Nature Center, 10am
Nov 13 - **Family Friday**: Gratitude Feast & Vespers, 6-8pm FSH
Nov 14 - ADVENTURERS: "*Lego Extravaganza*" - 2pm Youth Chapel
Nov 14 - Dad's Night Bowling: Bowlero in Roseville, 7-9pm
Nov 18 - Mom's Night: *"Feast or Famine"* - PF Chang's, 6pm
Nov 20 - Marriage Ministry: Meeting and Dinner, 6-8pm Fireside Room
Nov 21 - Men's Ministry: *"No-Shave November: Men's Health"- 2*pm Fireside Room
Nov 22 - Preschool Family Field Trip: Aerospace Museum, 10am

Dec 1 - Christmas Family Service Project Begins: Holiday Adoption Program
Dec 3 - Team Setup for Night in Bethlehem, 5:30pm FSH
Dec 5- **NIGHT IN BETHLEHEM:** Event One, 5:30-9pm FSH
Dec 6 - **NIGHT IN BETHLEHEM:** Event Two, 3-6pm FSH
Dec 9 - Mom's Pajama Party & Christmas Gift Games, 5:30pm Grellmann Home
Dec 16 - CCK Gingerbread House Party & Movie Night, 5:30pm FSH
Dec 19 - Marriage Ministry Christmas Party, 6-8pm FSH

Save the Date:!!! **LEONI MEADOWS FAMILY RETREAT**: March 5-7, 2027

Contact: Pastor Melissa Howell 253-261-5043