



The Lord's Day Evening — June 16, 2024

“Caring for Our Emotions”

Proverbs 4:23, Matthew 12:34, Ecclesiastes 3:4–5, 8

Dr. Dan Doriani

1. Emotions reflect the status of the heart.
  
2. Emotions are windows to the soul.
  
3. Jesus displayed the range of healthy emotions.
  
4. Healthy emotions
  - “Don’t be so emotional”?
  
  - The value of good questions