

Sermon Notes
July 19, 2026
“Sin Fatigue”
Romans 7:14-25

Key Text: “I do not understand what I do. For what I want to do I do not do, but what I hate I do” (Rom. 7:15)

Key Thought: The Law cannot free us from our slavery to sin, but Christ can!

- 1) Intro & Context
- 2) The **CRAZY** cycle (vv. 14-21) (cf. Jer. 17:9; Jn. 8:34; Rom. 1:28-32; Gal. 5:17-21)
- 3) The Law’s **INSUFFICIENCY** (vv. 22-25) (cf. Rom. 3:20; 8:3,7; Gal. 2:16; 3:11)
- 4) Jesus, the **ANSWER** (cf. Jn. 8:36; Gal. 5:16; Php. 2:13; 2 Pt. 1:3-11)
- 5) Conclusion

QUESTIONS FOR REFLECTION:

- Are you stuck in sin fatigue & a vicious cycle of sin?
- Do you understand that external rules & regulations cannot truly free you from this cycle of sin?
- Will you fully surrender to Jesus & train to walk with Him that you might be truly forgiven & truly free?