

**Sermon Notes**  
**September 13, 2026**  
**“The Healthy Body, pt. 1”**  
**Romans 12:1-8**

**Key Text:** *“Now to each one the manifestation of the Spirit is given for the common good”* (1 Cor. 12:7)

**Key Thought:** God has gifted and called each believer, that the church may be strengthened and great ministry may be accomplished for God’s glory.

- 1) Intro & Context
- 2) **LIVING** Sacrifices (v. 1) (cf. Rom. 6:13; 1 Pt. 2:5; 1 Jn. 2:15-17; Eph. 4:23-24; Col. 3:2,10,16)
- 3) **HUMBLE** service (vv. 3-5) (cf. Ps. 133:1; 1 Cor. 7:17; 12:12-26; Gal. 6:3; Eph. 4:1-16)
- 4) Different **GIFTINGS** (vv. 6-8) (cf. 1 Cor. 12:4-11; Eph. 4:11-13;
  - a. Prophecy (v. 6b) (cf. 1 Cor. 12:28; 14:3; 1 Jn. 4:1)
  - b. Service (v. 7a) (cf. Lk. 22:26; Jn. 12:26; 1 Pt. 4:11)
  - c. Teaching (v. 7b) (cf. 1 Cor. 12:28; 2 Tim. 2:2; Ja. 3:1)
  - d. Encouragement (v. 8a) (cf. Acts 4:36; 1 Ths. 5:11)
  - e. Giving/generosity (v. 8b) (cf. Lk. 6:38; Acts 20:35)
  - f. Leadership (v. 8c) (cf. 1 Tim. 3:4-5; 1 Pt. 5:2-3)
  - g. Mercy (v. 8d) (cf. Mt. 5:7; 18:33; Lk. 6:36; Ja. 2:13)
- 5) Conclusion

**QUESTIONS FOR REFLECTION:**

- Have you presented your whole self to God as a living sacrifice?
- Do you understand how important you are to your church?
- Have you distinguished what gift(s) the Spirit has given you? Are you engaging your gifts for the good of the church?