

Psalm 103:1-22
“Reasons to Rejoice”

subject: David remembers reasons to praise the Lord
objective: remember Jesus and rejoice

I. remind myself to praise the Lord (vv. 1-2)

A. we must continually, intentionally remind ourselves to praise Lord

“Set your mind on things above...” (Colossians 3:2)

II. remember why I praise the Lord (vv. 3-19)

A. remember all Jesus has done (vv. 3-7)

1. He’s forgiven our sins
2. He’s healed our diseases
3. He’s redeemed us
4. He’s shown us love & mercy
5. He’s met our needs

B. remember all Jesus is (vv. 8-12)

1. He’s righteous & just
2. He’s gracious & merciful
3. He’s patient
4. He’s compassionate
5. He’s sovereign

when we remember how wonderful Jesus is we have great reason to praise Him!

III. rejoice when I praise the Lord (vv. 20-22)

when we choose to praise the Lord, we experience a joy which goes beyond circumstances

“Rejoice in the Lord always. Again I will say, rejoice!” (Philippians 4:4) as believers in Jesus Christ, our joy is not based on circumstances, but on who Jesus is & all He’s done for us