

# ROMANS 8:28

# GOD IS GOOD | LIFE IS TWISTED

*Big Idea: Life is twisted, but God is always good. He is working even the bent places for His purpose.*

## OBSERVE: WHAT DOES THE TEXT ACTUALLY SAY?

- In Romans 8:28, what are the key phrases that define the promise?
  - "we know"
  - "God works/causes"
  - "all things"
  - "for good"
  - "those who love God / called according to His purpose"
- What does the verse *not* say that people often assume it says?

## INTERPRET: WHAT DOES IT MEAN?

- Why do you think Paul says "we know" instead of "we hope"?
- "All things are good" versus "God works all things for good" – How are these different?

## APPLY: HOW SHOULD THIS CHANGE US?

## Resist Despair

The sermon named three “accelerants” of despair: **surprise, severity, settledness**.

- Which one do you most relate to right now or in past seasons?
- What would it look like to “step away from the flame” this week?

## Practice Refuge

Nahum 1:7 calls God a "stronghold" and "refuge."

- What does taking refuge in God look like practically for you (prayer, silence, Scripture, community, repentance, rest)?
- What are your go to "false refuges" when life twists (control, anger, escape, numbing, withdrawal)?

## Receive God's Purpose

Romans 8:29 says God is conforming us to Christ.

- What might God be forming in you through what you're facing?
- How can surrounding yourself with a Godly group help you endure?