

1 CORINTHIANS 6:19–20

YOUR LIFE IS NOT YOUR OWN

SERMON DISCUSSION GUIDE

BIG IDEA

Because God is our Creator and Redeemer, our very lives belong to Him; stewardship begins with surrendering all that we are and all that we have to the control of the Holy Spirit.

GOD CREATED YOU (Genesis 1:27; Psalm 24:1)

- Central Thought: Our lives originate in God; He formed and fashioned us. To deny His ownership is rebellion.
- What does it mean to you personally that “the earth is the Lord’s, and everything in it”? How does that truth change the way you view every aspect of your life?
- Read Genesis 1:27. In what ways does being made in the image of God shape our purpose and responsibility as His stewards?
- Why do you think people struggle to acknowledge God’s ownership of their lives? What are some common “independent” attitudes you see in culture—or maybe in your own heart?

JESUS PURCHASED YOU (1 Corinthians 6:19–20; Titus 2:14)

- Central Thought: Christ purchased us with His blood. Our lives are not self-directed but Christ-directed.
- What does it mean that you were “bought with a price?” How does that truth deepen your understanding of God’s love?
- How might remembering the cost of your redemption (Christ’s sacrifice) affect the way you steward your time, money, and resources?
- Think about stewardship as Christ-direction—letting Him lead. What would it mean for you to reorient your decisions (financial, relational, or spiritual) under His ownership? In what areas of life are you most tempted to live as though you still belong to yourself?

THE SPIRIT CONTROLS YOU (1 Corinthians 6:19; Romans 12:1–2)

- Central Thought: Life is not compartments but a living sacrifice. Everything is under Christ’s lordship.
- What does it practically look like to live as a “living sacrifice?” (Romans 12:1)
- Why do we often separate our spiritual life from our “everyday” life (work, hobbies, family, finances)? How does true stewardship close that gap?
- How does surrender to the Spirit’s control shape your attitude toward time, generosity, and serving others?

CLOSING REFLECTIONS

- Which of these three truths (Created, Purchased, Controlled) most challenges you right now—and why?
- How might our church look different if every believer truly lived as though “you are not your own”?