

ROMANS 8:3-8

MINDSET MATTERS

THE BIRTHPLACE

What you think gives birth to what you do. (Romans 8:3-5, James 1:14-15)

- The phrase “set their minds” doesn’t mean to have a passing thought. It means a settled orientation, an active pursuit, a worldview that shapes all decisions. Those decisions become actions and those actions have consequences.
- How have you seen thoughts turn into actions in your own life?
- What habits or behaviors can you trace back to a certain way of thinking?
- How can we intentionally plant Godly thoughts to produce spiritual fruit? (Galatians 5:22-23)

THE BATTLEGROUND

The mind is where the war is fought. (Romans 8:6, Ephesians 6:10-12, 2 Corinthians 10:3-5)

- The mind is not neutral; it is either aligned with the flesh or aligned with the Spirit.
- Why do you think that the mind is a battlefield?
- What are some common “thought strongholds” people struggle with today?
- How does daily intake of Scripture allow you to take every thought captive?
- How does your position as a believer in Christ cause you to walk in victory instead of defeat? (Romans 8:31-39)

THE BLUEPRINT

The mind reveals the build of your soul. (Romans 8:7-8, Matthew 6:21-23, Romans 12:2, Philippians 4:8)

- Sin should not shock us. Salvation should change us.
- After coming to Christ how have your thoughts changed?
- Why does Paul list specific things to think about in Philippians 4:8?
- Now, apply those truths to one negative thought you struggle with. How can considering those truths, cause your mindset to change?