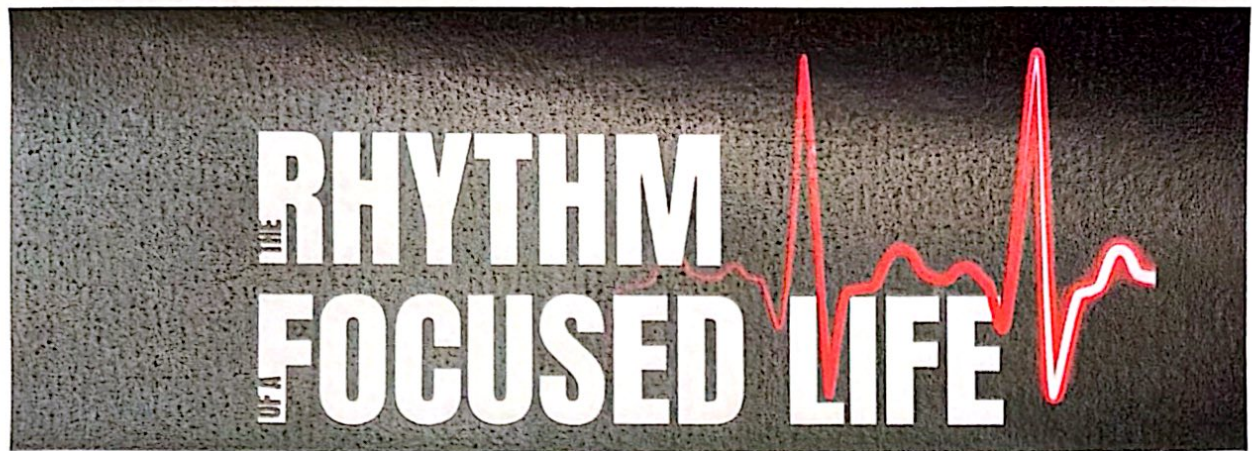




James 1:22-25, Matt. 11:28-30, Col. 3:1-2, Romans 12:1-2

God's Rhythm

Key Thought: It's hard to focus on Jesus or serve others effectively if your soul is _____ on _____.

1. The _____: A Rhythm of Rest

Key Thought: _____ in God means releasing the need to control everything.

2. The _____: Eyes on the Blueprint

Key Thought: What you _____ on determines who you _____.

3. The _____: Faith in Motion

Key Thought: When we are truly _____ in God and focused on _____, worship becomes a _____ and our lives become an _____.

Small Steps Towards Rhythm

1. Redefine "Sabbath"
2. Shift from "Focus" to "Abide"
3. Embrace "Micro-Obedience"

Choose one small step that you will take this week...
