

MULTIPLY (Week 2)

November 23rd, 2025

Ephesians 4:11-13 (NIV) *“So Christ Himself gave the apostles, the prophets, the evangelists, the pastors and teachers, ¹² to equip His people for works of service, so that the body of Christ may be built up ¹³ until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.”*

1. When under stress the adrenal glands release chemicals that fuel certain functions.

- Cortisol
- Dehydroepiandrosterone (DHEA)

2. How do you activate the “Growth Index?”

- Change your view about stressful events:
 - View of fear and worry.
 - Growth-oriented view.

Deuteronomy 31:6 (NIV) *“Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; He will never leave you nor forsake you.”*

Isaiah 41:10 (NIV) *“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.”*

Philippians 4:6-7 (NIV) *“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your request to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”*

We know that the Lord has been moving in the people at Centralia Christian Church, and we believe that it has impacted you and your families. We would love to hear your story. *Please use the QR code to enter your “win”, OR you can write it on the back of your connection card.* During the last sermon of this series, we are all going to celebrate our “wins” together.



FOR SMALL GROUP DISCUSSION:

Opening Question: When was a time in your life when you gave God your gifts, time, or abilities in order to help someone else?

Main Point: God wants us to be available to Him with all of our gifts, time, and abilities.

Read/Tell the Story: Abraham and Issac **Genesis 22:1-19 (ESV)**

Questions:

1. What was Abraham’s response both times that God called to him?
2. What might be your response if God called to you? (*I’m too busy! I have more important things to do! All my money is already spoken for. I’m using all of my abilities in other areas.*)
3. God asked Abraham for his most prized possession to see if he was willing to truly give anything. How would God test you to see if you are all in or not?
4. Abraham’s willingness, not his skill set, was the source of God’s testing. How would you rate (1-10) your willingness and ability to be available to God?
5. How do you think Isaac was impacted by his father’s testing?
6. How have you been impacted by choices that other people have made?
7. Has there been a time in your life when God’s testing seemed too much to handle?
8. How can you organize your life in such a way that you are available for anything that God might call you to?

Supporting Scripture: **Matthew 13:44, Matthew 6:19-24, Colossians 3:12-15 (ESV)**