Your Heart Matters

A Biblical Survey

by Pastor Tim Moen

Your heart matters to God, it really does! Let's talk about this today.

Our Christianity has always been designed to be lived out of our hearts. This is why the condition of our hearts is critical to both our personal walk with the Lord as well as our call to convey Him to all around us.

It is little wonder that we are told in **Proverbs 4:23, "Above all else, guard your heart, for everything you do flows from it."**

Our Father God has made it clear that He wants our hearts to be fully engaged in our spiritual life, this is why we are called to:

- Trust in the Lord with ALL our hearts, Proverbs 3:5
- Love the Lord our God with ALL our hearts, Mark 12:30
- Seek the Lord our God with ALL our hearts, Deuteronomy 4:29
- Serve the Lord our God with ALL our hearts, Deuteronomy 10:12

But the Bible is clear that even for we who follows Jesus, our hearts can become damaged making it very difficult to live wholeheartedly for the Lord.

We are told that our hearts can become weary, faint and overwhelmed in Psalm 61:2. This happens when we are experiencing many burdensome difficulties without any relief.

We are told that our hearts can become troubled, in John 14:27, this is especially true when we are unclear or are afraid of what lies ahead.

We are told that our hearts can become broken in Psalm 34:18, this happens when experiencing grief, rejection, betrayal, or abuse.

We are told that our hearts can become weighed down in Luke 21:34, by the many obligations and expectations put on us.

We are told that our hearts can become calloused in Matthew 13:15, this happens by harboring sin and ignoring the conviction of the Holy Spirit.

We are told that our hearts can become hardened in Mark 6:52, this is when we are ever distracted and ignore our relationship with Jesus, and continue on resisting God's will etc.

We are told that our hearts can become sinful and unbelieving in Hebrews 3:12, this happens when we start living self-centered and neglect the Word of God in our lives.

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We are told that our hearts can become far from the Lord in Matthew 15:8-9, this happens when we live our Christian life out of mere habit and or tradition, instead of being engaged.

We are told that our hearts can become bitter in Proverbs 14:10, this happens when we harbor unforgiveness, allow anger, resentment and hatred to take root.

We are told that our hearts can become sick in Proverbs 13:12, this happens when what we hope for keeps getting put off, and our discouragement is prolonged.

So how can our hearts be made whole again when we are experiencing any of these conditions? Our Father God loves us, He knows what to do, He made some special promises:

We are promised **Psalm 73:26, "My heart and flesh may fail, but God is the strength of my heart and my portion forever."**

We are promised **in Ezekiel 36:26, "I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh."**

And we are promised in **Psalm 147:3, "He heals the broken hearted and binds up their wounds."**

How do we experience this heart fix from our Heavenly Father? By looking to Jesus who is now dwelling in our hearts by faith.

Remember how we are told in **Ephesians 3:16-17a, "I pray that out of His [our Heavenly Father] glorious riches He may strengthen you with power through His Spirit in your inner being, so that Christ may dwell in your hearts through faith."**

With our simple faith we realize and press into the presence of Jesus in our hearts, and simply ask Him to do what He always has done, to carry out Father God's will, specifically bring cleansing, healing and transformation to our hearts that we may function fully again from it.

Make no mistake, this is God's will and Jesus will gladly and lovingly do it!