

**TCC Adult Bible Study**  
**Wednesday, July 1, 2020**



**Topic:** I Told You So! – The Death & Resurrection of Christ (Part II)

**Reading:** Psalm 22

1. While Isaiah 53 spoke of Jesus' Passion and Resurrection in the third person, Psalm 22 speaks of these events in the first person – as experienced by Christ Himself. How does this Psalm help you better understand Jesus' suffering upon the Cross?
2. Read Psalm 22:1. In what way did God the Father "forsake" Jesus? How might this differ from when others leave us in our time of need?
3. Read Psalm 22:6-8. What feelings does Jesus express in these verses? How can you relate to such feelings? How did Jesus respond to those who were so cruel to Him? (See Luke 23:34 and Matthew 5:44.)
4. Read Acts 2:25-31 (which quotes Psalm 16:8-11). How does Peter, preaching on the Day of Pentecost, contrast David the author of this Psalm to Jesus? (See especially verses 29-31.) What does this say about the importance of the resurrection to our faith? (See I Corinthians 15:17.)
5. Psalm 22 reminds us that Jesus' suffering upon the Cross was real, and He expressed His pain in this Psalm. What does this say to us during times of suffering? Can we acknowledge the reality of pain in our lives? In the midst of our pain, in whom must we place our hope? (See John 16:33.)