

CHRIST OVER ALL

TODAY'S NOTES



COLOSSIANS:
THE SUPREMACY & SUFFICIENCY OF JESUS



CHRIST OVER ALL

Have you seen

EXTERNAL IMPRESSIVENESS

COEXIST

WITH INTERNAL INDULGENCE?



COLOSSIANS 2:20-23

20 If with Christ you died to the elemental spirits of the world, why, as if you were still alive in the world, do you submit to regulations —

21 “Do not handle, Do not taste, Do not touch” 22 (referring to things that all perish as they are used) — according to human precepts and teachings?

23 These have indeed an appearance of wisdom in promoting self-made religion and asceticism and severity to the body, but they are of no value in stopping the indulgence of the flesh.



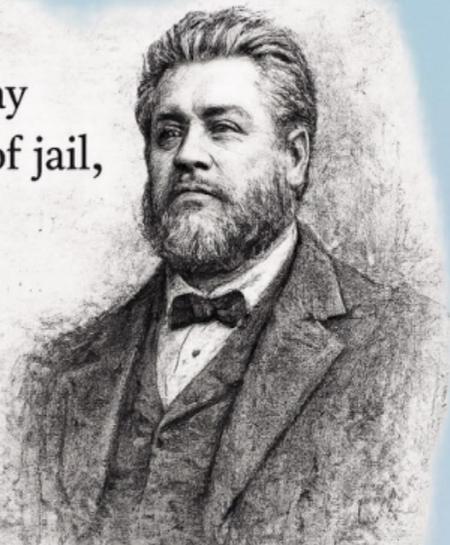
COLOSSIANS 2:23

These have indeed an appearance of wisdom in promoting self-made religion and asceticism and severity to the body, but they are of no value in stopping the indulgence of the flesh.



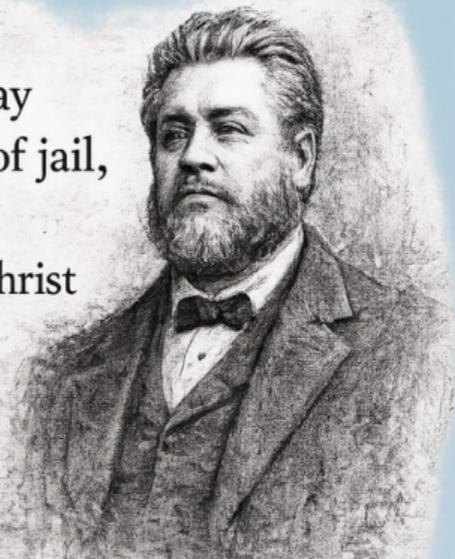
“Morality may
keep you out of jail,

— Charles Spurgeon



“Morality may
keep you out of jail,
but it takes
the blood of Christ
to keep you
out of hell.”

— Charles Spurgeon



COLOSSIANS 3:1-4

1 If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. 2 Set your minds on things that are above, not on things that are on earth.

3 For you have died, and your life is hidden with Christ in God. 4 When Christ who is your life appears, then you also will appear with him in glory.



CHRIST OVER ALL

LET NO ONE...

**PASS JUDGEMENT ON YOU
DISQUALIFY YOU**



CHRIST OVER ALL

**GOD'S WORD TELLS US WHAT WE
SHOULD SAY YES TO**

LONG

**BEFORE TELLING US WHAT WE
SHOULD SAY NO TO...**



COLOSSIANS 3:1-4

1 If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. 2 Set your minds on things that are above, not on things that are on earth.

3 For you have died, and your life is hidden with Christ in God. 4 When Christ who is your life appears, then you also will appear with him in glory.



CHRIST OVER ALL

**GOD'S WORD TELLS US WHAT WE
SHOULD SAY YES TO**

LONG

**BEFORE TELLING US WHAT WE
SHOULD SAY NO TO...**



CHRIST OVER ALL

YOU ARE *unable* TO SAY NO TO SIN
UNTIL YOU HAVE SAID YES TO CHRIST.



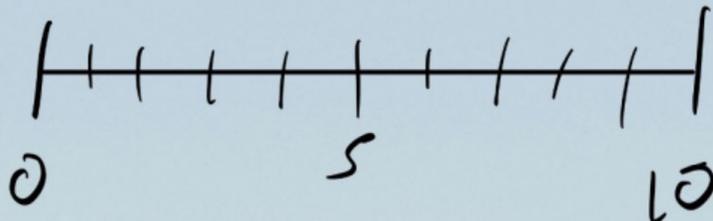
COLOSSIANS 3

5 **Put to death** therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry. 6 On account of these the wrath of God is coming...



COLOSSIANS 3

5 Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry. 6 On account of these the wrath of God is coming...



COLOSSIANS 3

7 In these you too once walked, when you were living in them. 8 But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth. 9 Do not lie to one another, seeing that you have put off the old self with its practices 10 and have put on the new self, which is being renewed in knowledge after the image of its creator.



CHRIST OVER ALL

YOU ARE *unable* TO SAY NO TO SIN
UNTIL YOU HAVE SAID YES TO CHRIST.



CHRIST OVER ALL

YOU ARE UNABLE TO SAY NO TO SIN
until **YOU HAVE SAID YES TO CHRIST.**



COLOSSIANS 3

7 In these you too once walked, when you were living in them. 8 But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth. 9 Do not lie to one another, seeing that you have put off the old self with its practices 10 and have put on the new self, which is being renewed in knowledge after the image of its creator.



COLOSSIANS 3:11

Here there is not Greek and Jew,
circumcised and uncircumcised,
barbarian, Scythian, slave, free; but
Christ is all, and in all.



CHRIST OVER ALL

**GOD'S WORD TELLS US WHAT WE
SHOULD SAY YES TO**

LONG

**BEFORE TELLING US WHAT WE
SHOULD SAY NO TO...**



CHRIST OVER ALL

YOU ARE UNABLE TO SAY NO TO SIN
until **YOU HAVE SAID YES TO CHRIST.**



CHRIST OVER ALL

YOUR HEART WON'T LIVE ON

STOP THAT

IT NEEDS

SEEK THIS INSTEAD

***ESPECIALLY WHEN FIGHTING INTERNAL SIN**



COLOSSIANS 3:1-2

1 If then you have been raised with Christ,
seek the things that are above, where
Christ is, seated at the right hand of God.

2 Set your minds on things that are above,
not on things that are on earth.



PHILIPPIANS 4:8

Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, **think about these things.**



PHILIPPIANS 4:8

FINALLY, BROTHERS,
WHATEVER IS **TRUE**,
WHATEVER IS **HONORABLE**,
WHATEVER IS **JUST**,
WHATEVER IS **PURE**,
WHATEVER IS **LOVELY**,
WHATEVER IS **COMMENDABLE**,
IF THERE IS **ANY** EXCELLENCE,
IF THERE IS **ANYTHING** WORTHY OF PRAISE,
THINK ABOUT THESE THINGS.



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT (ONE SENTENCE)
2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)
3. REPLACE IT WITH A SCRIPTURE-SHAPED SENTENCE.
4. RESPOND WITH ONE ACT OF OBEDIENCE



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT: **JEALOUSY**

2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)

JUST

AM I JUDGING FAIRLY – OR BUILDING A BIASED STORY?

AM I EXCUSING MY SIN OR EXAGGERATING THEIRS?



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT: **JEALOUSY**

2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)

LOVELY

WHERE IS CHRIST'S BEAUTY SHOWING UP RIGHT NOW?

WHAT WOULD LOVE LOOK LIKE IN MY RESPONSE?



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT: **JEALOUSY**

2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)

EXCELLENCE

WHAT VIRTUE IS GOD CALLING FOR HERE?

WHAT'S THE WISEST, MOST CHRISTLIKE NEXT STEP?



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT (ONE SENTENCE)
2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)
3. REPLACE IT WITH A SCRIPTURE-SHAPED SENTENCE.
4. RESPOND WITH ONE ACT OF OBEDIENCE



JAMES 3:16-17

16 For where jealousy and selfish ambition exist, there will be disorder and every vile practice. 17 But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere.



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT (ONE SENTENCE)
2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)
3. REPLACE IT WITH A SCRIPTURE-SHAPED SENTENCE.
4. RESPOND WITH ONE ACT OF OBEDIENCE



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT: **ANXIETY**
2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT: **ANXIETY**

2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)

TRUE

WHAT DOES GOD SAY IS REAL HERE (NOT MY FEAR)?

WHAT IS TRUE ABOUT GOD, AND TRUE ABOUT ME IN CHRIST?



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT: **ANXIETY**

2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)

COMMENDABLE

WOULD I RECOMMEND THIS THOUGHT TO ANOTHER BELIEVER?
IS IT BUILDING FAITH, PEACE, REPENTANCE, HOPE?



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT: **ANXIETY**

2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)

WORTHY OF PRAISE

WHAT CAN I THANK GOD FOR RIGHT NOW – SPECIFICALLY?
WHERE DO I SEE HIS GRACE AT WORK?



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT (ONE SENTENCE)
2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)
3. REPLACE IT WITH A SCRIPTURE-SHAPED SENTENCE.
4. RESPOND WITH ONE ACT OF OBEDIENCE



MATTHEW 6:31-33

31 Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'

32 For the Gentiles seek after all these things, and your Heavenly Father knows that you need them all. 33 But

seek first the kingdom of God and his righteousness, and all these things will be added to you.



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT: **LUST**

2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT: **LUST**

2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)

HONORABLE

DOES THIS THOUGHT FIT SOMEONE WHO BELONGS TO JESUS?

WOULD I BE GLAD TO REPLAY THIS THOUGHT IN A YEAR?



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT: **LUST**

2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)

PURE

DOES THIS CLEAN MY HEART – OR CONTAMINATE IT?
IS THIS FEEDING LUST, ENVY, BITTERNESS, CYNICISM?



A SIMPLE 2 MINUTE PRACTICE

1. NAME THE DOMINANT THOUGHT (ONE SENTENCE)
2. RUN IT THROUGH THE 8 FILTERS (QUICK YES/NO)
3. REPLACE IT WITH A SCRIPTURE-SHAPED SENTENCE.
4. RESPOND WITH ONE ACT OF OBEDIENCE



PSALM 119:9-11

9 How can a young man keep his way pure?
By guarding it according to your word.

10 With my whole heart I seek you;
let me not wander from your commandments!

11 I have stored up your word in my heart,
that I might not sin against you.



CHRIST OVER ALL

YOUR HEART WON'T LIVE ON

STOP THAT

IT NEEDS

SEEK THIS INSTEAD

***ESPECIALLY WHEN FIGHTING INTERNAL SIN**



**WHERE DOES YOUR HEART NEED TO
“SEEK THIS INSTEAD” THIS WEEK?**

LET’S RESPOND TOGETHER:

STAND AND SING
FILL OUT A CONNECT CARD
GIVE AN OFFERING
PRAY ON THE PORCH

