

July 9, 2023

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1 Kings 18:46 – 19:1

I. What Set up Elijah's Depression? 1 Kings 19:2

What would you do if you were Elijah? Verse 3 – 4a

What caused Elijah to run at this crucial time in his ministry?

2 things spiritually and 2 things physically:

Elijah lost ______.

A short-term victory does not mean the wars are over.

Elijah lost his ______ of the greatness of God.

Elijah was drained ______.

Elijah was drained ______.

II. The Consequences of Depression verse 4b

Remember what brought Elijah to this point?

Proverbs 18:1 2 Corinthians 7:6

1 Kings 19:4

Remember, joy is not the absence of pain. You cannot have absolute joy without enduring pain.

One of the most severe results of depression is what it robs you of.

1 Corinthians 10:12

III. Steps Required to Stay out of Depression.

Luke 12:22, 29, 32

Our perspective is one of the traps that leads a person into emotional darkness.

It is what you trust in and focus on.

Remember your divine priorities.

Luke 12:22 – 23

My Devotion Determines My Emotion.

Notes:	
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